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of THE LAKE AREA

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March 17, 2020
Volume 8 • Issue #26

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Free Fun Take One TIDBITS of the Lake Area March 17, 2020

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LAUGH-A-BIT WITH TIDBITS

Q: What did the tree say to Spring?
A: What a re-leaf!

Q: What do you call a girl with a frog on her head?
A: Lily!

Q: Why did the farmer bury all his money?
A: To make his soil rich!



TIDBITS® INVESTIGATES

KITES

by Kathy Wolfe

Tidbits takes to the air during the windy month of March to learn all about kites!

• It's believed that kites originated in Asia, where they were constructed from large leaves for the sail, bamboo skin for the frame, and twisted fiber from the pineapple tree for the rope. Early Chinese kites used silk for the sail and flying line. Kites weren't just for fun – evidence from 549 AD depicts a paper kite being used in a rescue mission. The ancient Chinese also used them for measuring distance, testing the wind, and signaling. They were frequently decorated with mythological figures and some kite-flyers added strings and whistles to add musical sounds. In fact, the Chinese name for a kite, Fen Zheng, translates “wind harp.”

• The early Japanese utilized large kites in the building of their temples to lift tiles and building materials to rooftop workers. By 1760 in Japan, kite flying had been banned because too much of the population preferred it to work!

• Explorer Marco Polo brought stories of kites to Europe in the late 1200s, and Japanese sailors brought kites to Europe in the 16th and 17th centuries.

• Chinese legend says that looking at high-flying kites will preserve

continued on page 2

Knights of Columbus WATERTOWN, SD

BINGO THURSDAY, MARCH 19TH, 2020
Starting at 6:45pm

FIRST BLACKOUT
54 numbers: \$340

SECOND BLACKOUT
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U-PICK-UM
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MARCH 20th
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7-9 PM
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All-You-Can-Eat FISH
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COUNTRY FRIED STEAK with Mashed Potatoes & Gravy, Corn and Toast

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continued from page 1

good eyesight. They also maintain that tilting the head back to gaze at a kite, while opening the mouth slightly gives the body a healthy yin-yang balance.

• Kites are even used in religious ceremonies. Some cultures made kites resembling humans to send prayers to the gods, while others used kites to send thanksgiving offerings to the gods for good harvest, fertility, and prosperity.

• In June, 1752, Benjamin Franklin and his son William stepped out into a Philadelphia thunderstorm to conduct an experiment. He carried a kite made from a large silk handkerchief, a hemp string, a silk string, a house key, a length of wire to serve as a lightning rod, and a Leyden jar, which was a device that could store an electrical charge. While some folks believe that Franklin "discovered electricity" during his experiment, that was not the case at all, since scientists had already been working at great length with static electricity for years. Franklin sought to prove that lightning was an electrical discharge. The hemp string was wet from the rain and conducted an electrical charge, while the dry silk string held by Franklin under cover did not. When the lightning struck, Franklin felt a definite electric spark, but was not struck by lightning, as some believe. Using the Leyden jar, he collected the electricity for discharge at another time. His further work with electricity led to the perfection of a lightning rod invention.

• Kites were vital to the development of aircraft, with the first powered aircraft consisting of a large box kite with a motor fitted to it. In 1899, the Wright Brothers designed an experimental kite with a 5-foot (1.52-m) wingspan that would aid them in their study of wind's lift and drag effects on control of a biplane. By the following year, the brothers had designed a full-size glider based on their kite's plans.

continued on page 3

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BIG STONE CITY

- Looking for used greeting cards--drop off at the library. To be used for the Summer Reading Program art project.
- Used book sale in the library room while library is open normal library hours--March 14 through April 18. All books sold by donation. Money used to buy prizes and supplies for the Summer Reading Program 2020.

Library hours are: Wed, 1 pm to 7pm, Sat 9am to 1pm
400 Washington Street, Big Stone City

Big Stone City 135th Celebration coming July 10, 11 & 12, 2020

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BIG-STONE American Legion

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UPCOMING EVENT
Big Stone Legion
Baseball Team Chicken & Fish Fry • March 20
Serving from 5-7pm

- THURSDAY: TACO NIGHT
- SUNDAY AFTERNOON: MEAT RAFFLE

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CHECK OUT OUR CASINO SPECIALS
40¢ Cans of POP \$1.25 BEER can or bottle

FREE COFFEE & POPCORN

R.F.D.

LOOK WHAT JUNE MADE AT SCHOOL, SIM--A SNOW GLOBE WITH OUR PICTURE IN IT!

JUST WHAT I'VE ALWAYS WANTED--TO BE FOREVER TRAPPED IN THE DEAD OF WINTER.

I MEAN, COOL! GREAT JOB, KIDDO!

YOU'RE SUCH A DAD, DAD!

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by Mike Marland

Summit, SD

Summit Area Economic Growth

www.seesummitsd.com

Tuesday, March 17- Student Council Blood Drive in the concessions commons from noon to 6:00 pm.
Wednesday, March 18- No NTHS, Watertown Spring Break. National History Day competition in Aberdeen. 6:00 Supper, 7:00 Worship at Hope Lutheran.
Thursday, March 19- No NTHS, Watertown Spring Break. BBB State Tourney.
Friday, March 20- Staff day. No NTHS, Watertown Spring Break. Senior Government Days in Sisseton. BBB State Tourney.
Saturday, March 21- BBB State Tourney.
Sunday, March 22- 9:15 am Sunday school, 9:30 coffee, 10:30 Worship at Hope Lutheran.

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MONDAY-FRIDAY HAPPY HOUR 3-6PM

SWING IN for Daily Specials and ON & OFF SALE

50% OFF AN APPETIZER with purchase of entrée
Ask server for complete details.

LAKE NORDEN, SD

answers on page 7 **King Crossword**

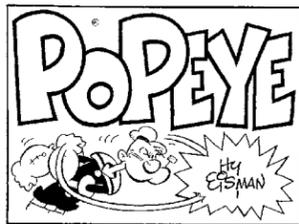
ACROSS

- Symbol of intrigue
- Jet forth
- Faucet problem
- Shade
- Part of the foot
- Solemn promise
- Geological period
- Silver salmon
- Wrinkly fruit
- Informal game
- "Absolutely"
- Deposit
- Brilliance
- Cotillion honoree
- Blond shade
- Proper subject?
- Stop running
- Toll road
- Pooch
- Cover
- Bizarre
- "A mouse!"
- Donkey
- Uncanny ability to make money
- Memory unit
- Tittle
- Aye canceler
- Practice pugilism
- Heal, as a fracture
- Little demon
- Bouquet
- Withered
- Ball prop
- Sharpen
- Continental coin
- Bridges or Brummell
- Potpourri bag
- College lecturers, often rapidly?
- Reverberate
- "Yahoo!"
- Uncertainty music
- "— have to do"
- Collins or Donahue
- Greenish-blue
- Bathroom fixture
- Conclusion
- Bill's partner
- Drag along
- Accomplished
- Football fill
- Go downhill
- Haw preceder
- Long-snouted antelopes
- Mexican moola
- Mainlander's memento
- Will subject
- Nail smoother
- Moving about
- Recipe meas.
- Syringe, for short
- Greek vowels
- Top-notch
- Troop group
- Arrived
- Advertise

DOWN

- Sharpen
- Continental coin
- Bridges or Brummell
- Potpourri bag
- College lecturers, often rapidly?
- Reverberate
- "Yahoo!"
- Uncertainty music
- "— have to do"
- Collins or Donahue
- Greenish-blue
- Bathroom fixture
- Conclusion
- Bill's partner
- Drag along
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- Recipe meas.
- Syringe, for short
- Greek vowels
- Top-notch
- Troop group
- Arrived
- Advertise

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Reader Contest: "Gone Irish"



STOCKMAN'S FAMILY RESTAURANT



Community Corner Thrift Store

FIND THE THREE (3) SHAMROCKS (pictured to the right) in advertisements in this issue and enter to win a \$25 Gift Certificate for Stockman's Family Restaurant in Watertown, SD and a \$25 Gift Certificate for Community Corner Thrift Store in Watertown, SD.



EACH WINNER RECEIVES A FREE "THE WORKS" CARWASH FROM DUTCH BOY CAR WASH in WATERTOWN, SD
ENTRY DEADLINE FOR March 17, 2020, Volume 8, Issue #26 IS THURSDAY, MAR 26, 2020, 4PM



DEADLINE FOR March 10, 2020, Volume 8, Issue #25 is Thursday, March 19, 2020 - 4 PM, SEARCHING FOR: (3) POTS OF GOLD
\$25 Gift Certificate for Page's Place Cafe & Grill in Watertown, SD and a \$25 Gift Certificate for Angel's Attic in the Watertown Mall.



WINNER for March 3, 2020, Volume 8 Issue #24:
Judie Lien, Watertown, SD

SEARCHING FOR: (3) CLOCKS
PRIZE: Four Free Combo Meals from Hardee's in Milbank, SD



Locations for March 3, 2019 (v8 #24)
#1: ACT, Milbank, SD, page 1
#2: Bullpen Steakhouse & Lounge, Lake Norden, SD, page 5
#3: Wilmot Foods, Wilmot, SD, page 6

Enter Only Once Per Contest
HOW TO ENTER:
RECORD THE 3 LOCATIONS AND SEND VIA...
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P.O. Box 313, Big Stone City, SD 57216
WEB: www.LakeAreaTidbits.com
Click On Reader Contest
EMAIL: Sean@LakeAreaTidbits.com
ENTRY DROPOFF: 100 South Maple St., Ste. 106, Watertown, SD 57201
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PRIZES ARE MAILED WITHIN 2-3 WEEKS OF WINNING. NO SUBSTITUTIONS.

TIDBITS CLASSIFIEDS

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top ten Things Kids Save For

1. Lego Sets
2. Phones
3. Nintendo Switch
4. Pokemon
5. Books, Magazines
6. Dolls/Figures
7. Bikes
8. Playstation
9. Computer
10. Roblox

Source: RoosterMoney

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continued from page 2

- In 1749, the first experiments to study the weather using kites were launched. The early tests used a kite to carry a thermometer to measure temperatures at high altitudes. By the 19th century, the U.S. Weather Bureau had established 17 kite observation stations, with kites transporting all sorts of meteorological instruments upwards of 8,000 feet (2,438 m) to record air pressure, temperature, and humidity. The kites were a box type, constructed of spruce and a thin cotton cloth, with piano wire used for the strings.
- Telephone inventor Alexander Graham Bell had a great zeal for aeronautics and kites, and experimented for many years with man-carrying kites. His creations consisted of a variety of geometric shapes, such as hexagons and tetrahedrons. In the early 1900s, Bell designed an enormous kite made of 1,300 four-sided cells covered in maroon silk, which was able to lift a man 30 feet (9.1 m) off the ground.
- Kites have been used for military operations for centuries. In ancient China, kites carrying gunpowder, along with a fuse and a burning stick of incense were used as weapons. In the 1600s, during a war in India, the line on a large kite was replaced with rope, enabling troops to scale the wall of a fort and overtake the guards. In 1855, the Russians used 12-ft. (3.66-m) kites to tow torpedoes to a target. During the American Civil War, kites were used to deliver letters, newspapers, and other communications. Man-lifting kites were used during the Spanish-American War for enemy observation. Kites have proven valuable for delivering munitions and signaling troops.
- A kite proved beneficial in bridge construction in 1847. With plans underway to build the first bridge across the Niagara Gorge between Canada and the U.S., a contest was held to pull a cable across the gorge, a distance of 700 feet (213 m). The winner, American teenager Homan Walsh, attached a lightweight rope to his kite, which pulled a heavier rope, then another one and another until a steel cable reached the other side. Homan received a \$10.00 prize for his efforts.
- Englishman Samuel F. Cody patented a man-lifting kite system in 1901, and became the first man to cross the English Channel towed by kites in 1903. He pitched his kites to the

continued on page 4

Sharp Automotive

2nd Chance Credit

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Weekly SUDOKU

by Linda Thistle

	4			3			1
	9			2		6	
6			7		5		2
		5	6				1 3
8					9		7
	4	2		1		8	
		9	3	7		2	
	3			5			9
7					4		5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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CENEX Tri-County Coop C-Store & Deli
On The Junction of State Hwys 75 & 28 • Graceville, MN
24 HOUR PUMPS • 320-748-7187 • 6am-9pm Every Day

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FRIDAY FISH FRY

at Mikey's Bar & Grill in New Effington, SD

MARCH 20th 5:30-8:30pm (or gone)

Includes **All-You-Can-Eat Bullheads & Pollock** PLUS... Baked Potato, Baked Beans & Bread

WINGS-N-TOTS

WEDNESDAYS 5:30-8:30

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Main Street Café & Steakhouse

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\$5.00 Burger Lunch Special

TUESDAY-THURSDAY
6 WINGS & FRIES - \$7.95
12 WINGS & FRIES - \$11.95

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PAGE'S PLACE

CAFE GRILL

PASTA NIGHT Thursdays/5pm-9pm **\$11.99**
Build Your Own Pasta
SERVED WITH GARLIC TOAST & CHOICE OF SOUP OR SALAD

All-You-Can-Eat RIBS
FRIDAY NIGHTS - \$11.99
Served with Baked Potato, Coleslaw & Texas Toast

700 West Kemp Ave., Watertown, SD
PHONE: 605-753-0151

continued from page 3

British Army, who purchased Cody's "War Kites." He followed up on this achievement by piloting a large box kite fitted with an engine. Tragically, in 1913, while testing a new design, the Cody Floatplane, the aircraft broke apart at 200 feet (61 m), and Cody was killed.

- During the Cold War, East Germany banned the use of large kites, fearing that people would be lifted over the Berlin Wall.
- The record for the most kites flown on a single line belongs to Japanese kitemaker. In 1990, 73-year-old Satao Harada launched 11,284 kites made of bamboo and polyethylene. It took three hours to launch them all, and the kites remained in the air for 18 minutes.
- Kite flying is not without its hazards, with an average of 12 people killed each year in kiting accidents. Wet kite lines pose a hazard, acting as a conductor for static electricity and lightning. Large kites have been known to lift the flier off the ground as well as dragging them into objects. Kite lines that have become tangled in electrical power lines have caused the electrocution death of the flier.

Puzzles4Kids

by Helene Hovanec

CODED RIDDLE

answers on page 7

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

X I Z E P G S P H T M J L F T U . Q B U S J D L ' T

E B Z ? U I F Z B S F B M S F B E Z X F B S J O H

H S F F O .

Brought To You By MAIN STREET CAFE in ESTELLINE, SD

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Polka dots are added. 2. Knob is different. 3. Towel is shorter. 4. Shirt is different. 5. Cup is missing. 6. Water is off.

Brought to you by Pages's Place Cafe & Grill

- ## Strange BUT TRUE
- by Samantha Weaver
- It was American journalist, author and humorist Don Marquis who made the following observation: "Procrastination is the art of keeping up with yesterday."
 - The first recorded newspaper that published on a daily basis was in Rome -- in 59 B.C.
 - A giant carnivorous plant has been discovered on a remote mountaintop in the Philippines. The second largest pitcher plant on record, *nepenthes attenboroughii* secretes a nectar that lures insects, frogs and even rats into its trap, where enzymes and acids break down the animal and digest it.
 - There has been a lot of debate about whether older drivers should be required to pass driving tests in order to renew their licenses, with failing sight and diminished judgment being cited as reasons for the more stringent requirement. However, statistics tend to indicate that, as a group, teenagers are the more dangerous drivers, with their auto-accident death rate roughly triple that of seniors.
 - The men's formal attire known as the tuxedo takes its name from the Tuxedo Park Club in New York, where the clothing first became popular. The word itself is derived from the Algonquian word for wolf.
 - In some parts of Europe, red roses are considered to be omens of evil. Seeing the petals fall from a red rose is a portent of death.

• The Zagat restaurant rating system recently conducted a survey of Americans' tipping habits. The results? It seems that residents of Philadelphia are the most generous tippers in the nation, leaving an average of 19.6%. The average across the country is 19%.

Spuds & Suds

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2. In a large bowl, combine baking mix and sugar substitute. Add milk, sour cream, egg and almond extract. Mix gently just to combine. Spread batter in prepared cake pan. Evenly sprinkle almonds over top. Lightly spray top with butter-flavored cooking spray.
3. Bake for 20 to 25 minutes or until a toothpick inserted in center comes out clean. Place cake pan on a wire rack and let set for at least 15 minutes. Cut into 8 wedges.

* Each serving equals: 124 calories, 4g fat, 4g protein, 18g carb., 285mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch, 1/2 Fat.

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MOVIE FAVORITES: CASABLANCA

Hailed by some reviewers as "the best Hollywood movie of all time," Casablanca remains a much-loved classic film. Follow along as Tidbits digs up the facts on this 1942 favorite.

- Actor Humphrey Bogart was 42 years old when he took on the role of Rick Blaine, an American who owned a swanky nightclub and gambling establishment, Rick's Café Americain, in Casablanca, Morocco. The club was known in the underground as a place to obtain papers that helped refugees escape German-occupied Europe.
- When Rick's former flame, Ilsa, (played by Swedish actress Ingrid Bergman) entered the club, accompanied by her husband, a fugitive Czech Resistance leader, Rick fought to overcome his bitterness toward her, because she had abruptly left him in Paris with no explanation. When Ilsa explained that she had thought her husband had been killed, Rick realized that he must try to get the couple out of Morocco.
- The original play was entitled Everybody Comes to Rick's, but was changed to Casablanca for the movie. It was co-authored by a high school teacher who was on summer vacation.
- Casablanca contained many now well-known quotes, including "Here's looking at you, kid," and "I think this is the

Thought for the Day:
 "People who have no weaknesses are terrible; there is no way of taking advantage of them."
 - Anatole France

beginning of a beautiful friendship." One of the most familiar misquotes is "Play it again, Sam," which was never spoken in the film. When Ilsa entered Rick's club, she asked the piano player to, "Play it once, Sam, for old times' sake. Play it, Sam. Play 'As Time Goes By.'"

- The role of Sam was played by Dooley Wilson, who was actually a drummer, who had to fake playing the piano. In 2012, Sam's piano sold for upwards of \$600,000 at a New York auction.
- The studio took out a \$100,000 insurance policy on Humphrey Bogart in the event that he would die during filming. Following the film's success, Bogart moved from fourth place to first place in the studio's roster of stars, and within three years, he was the world's highest-paid actor. Because he was shorter than co-star Bergman, Bogart had to wear platform shoes during the filming of Casablanca to bring him up to her height.
- Due to heightened security during World War II, filming was not allowed at an airport after dark. Only one scene, that of the Nazi villain arriving in Casablanca, was shot at an airport, the Van Nuys, California Airport. The remainder of the movie was filmed in the studio, using a sound stage with a cardboard cutout airplane. The arched hanger at the airport was built in 1928, and was rescued from the wrecking ball in 2007. The façade sat in a hotel parking lot for several years, but plans are in place to restore it and incorporate it into a Moroccan-themed restaurant at the airport.
- Release of the film was scheduled for early 1943, but the debut was moved up to November, 1942 to correspond with the Allied Forces' capture of Casablanca the second week of November.
- Casablanca cost \$950,000 to film, about \$100,000 over budget. The film won three Oscars – for Best Picture, Best Director, and Best Screenplay. The famous song "As Time Goes By" had been composed in 1931, so it was declared ineligible for the Best Song of the Year.

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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Ballpoint	Fountain	Nib	Scribble
Documents	Ink	Paper	Stylus
Drawing	Instrument	Quill	Writing
Felt	Jot	Rollerball	

answers on page 7
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Just Like Cats & Dogs by Dave T. Phipps



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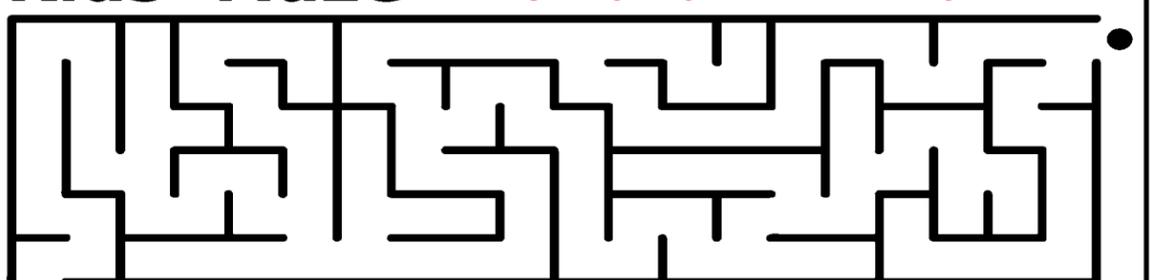
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KIDNEYS

March is National Kidney Month, a time to heighten awareness on the importance of these important organs.

- Your kidneys, those bean-shaped organs, are vital to the function of your body. Located just below the rib cage, with one on each side of the spine, each kidney measures about 4.5 inches (11.4 cm) in length, about the size of your computer mouse. Weighing in at 4 to 6 oz. (113 to 170 g) each, they account for just 0.5% of the average person's body weight.

- Although they are small in size, the kidneys are very complex organs, purifying blood and eliminating the body's waste. Every day, the kidneys filter the entire body's blood supply about 400 times, recycling about 400 gallons daily. In just one hour, the kidneys take in 120 pints (56.8 liters) of blood, with the flow higher than that of the heart, liver, and brain. About 25% of the blood pumped out by the heart heads for the kidneys.

- Each kidney contains between 1 million and 2 million nephrons, tiny little filters that filter the blood and eliminate waste. Contrast this with a mouse kidney that contains just 12,500 nephrons. If all the nephrons in both human kidneys were placed end to end, they would cover a distance of nearly 10 miles (16 km). Each nephron separates water, acid, ions, and molecules from the blood, filters out wastes and toxins, and returns essential molecules to the blood. About half a cup of blood is filtered every minute.

- If one kidney fails, the other steps up to handle the load. The nephrons have the capability of enlarging to keep things working through a process known as hypertrophy.

- Some people, especially those who are obese or take calcium supplements, are at a higher risk of kidney stones. The stones occur when a solid piece of material develops in the urinary tract, causing severe pain in the lower back or abdomen. Other contributors include a diet high in animal protein, sodium, refined sugars, milk, grapefruit and apple juices, and the excessive use of antacids.

- It's estimated that about 500 million people worldwide, about 10% of the adult population, have kidney disease, and many don't even know it. Its progress can be slowed down, but the damage cannot be reversed. While many things can contribute to kidney disease, the leading causes are high blood pressure and diabetes. Tight control of blood sugar levels can slow the disease's advancement. Cutting down on processed foods can be a big help, since these are usually high in sodium, nitrates, and phosphates, which have been linked to kidney disease. The kidneys can also be damaged by excessive use of NSAIDS, such as ibuprofen and naproxen.

- About 1.5 million people go through kidney dialysis or a transplant every year. Dialysis removes excess water, solutes, and toxins from the blood in those whose kidneys cannot perform these functions. The first kidney transplant was performed in 1933 by Ukrainian surgeon Yuri Voronv. Although the patient died within two days, Voronov's work was an important milestone in the world of medicine. The first successful kidney transplant was performed in 1954 by Dr. Joseph Murray, who transplanted the kidney of one identical twin into another at a Massachusetts hospital.

The only thing that could spoil a day was people. People were always the limiters of happiness except for the very few that were as good as spring itself.

— Ernest Hemingway

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MARCH 19-22 SD TAXIDERMISTRY SHOW Watertown Event Center, open to the public on Saturday 9:00 a.m.-5:00 p.m.

MARCH 20 SECOND CHANCE PROM Hosted by Mobile Party Express and Codington County Cares Cancer Foundation, Country Road Barn, 4:00-9:00 p.m.

MARCH 21-22 ANNUAL VENDOR & CRAFT MARKET Watertown Mall, mall hours

MARCH 24-25 SPRING STORYTIME SERIES Watertown Regional Library, 10:00 a.m. and 11:00 a.m., instill the love of reading; activities in story time promote brain and language development for children from birth to age 5. Register at watlib.org

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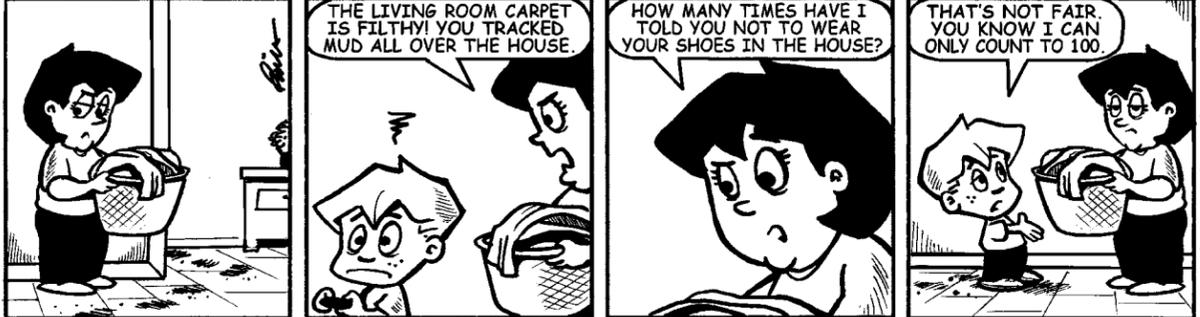


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Amber Waves

by Dave T. Phipps



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Now here's a tip! by Jo Ann Derson

- Most people wash their sheets, and some people fluff and air out their pillow. But how many properly clean their mattress? Vacuum the mattress surface at least every three months. Sprinkle with baking soda to absorb any odors.
- "I use my panini press to make hash browns because I like them nice and crispy on both sides. It works out great!" -- L.R. in Florida
- If you're adding fruit to muffins or quick breads, just make sure you toss them in flour first. It will keep them from sinking to the bottom, distributing them more evenly throughout the bread.
- Need more storage in a small bathroom? Try installing a shelf over the door. It's an out of the way area where you can store items you don't need daily, but do need accessible.
- Use a serrated knife to cut the dome tops off of cake layers, then put them in the freezer for 30 minutes. It will make it easier to frost, and you'll get less crumbs that come up.
- "I often get up during the night to take medicine to help me sleep better. It's hard to see and line up the marks to open the container. So I got a permanent black marker and highlighted them (I even made them larger). Now it's easy to line them up in the dark." -- D.E. in California

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.
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Americanisms



"Integrity is an expensive gift. Do not expect it from cheap leaders."
— Warren Buffett

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PUZZLE ANSWERS

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Why do frogs like St. Patrick's Day?
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5	9	7	8	2	1	6	3	4
6	1	3	7	4	5	9	2	8
9	7	5	6	8	2	4	1	3
8	6	1	4	3	9	5	7	2
3	4	2	5	1	7	8	6	9
1	5	9	3	7	8	2	4	6
4	3	8	2	5	6	1	9	7
7	2	6	1	9	4	3	8	5

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			Y	E	S		P	U	T			
E	C	L	A	T	D	E	B	A	S	H		
N	O	U	N		D	I	E	P	I	K	E	
D	O	G		L	I	D	E	E	R	I	E	
			E	E	K		A	S	S			
T	H	E	M	I	D	A	S	T	O	U	C	H
B	Y	T	E		I	O	T	A	N	A		
S	P	A	R		K	N	I	T	I	M	P	
P	O	S	Y		S	E	R	E	T	E		

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- Yellowstone
- Matthew
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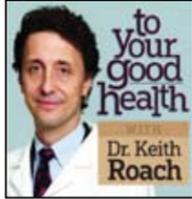
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New Option to Treat Enlarged Prostate



DEAR DR. ROACH: I am a 66-year old male, who is healthy with a very active life, both physical and sexual. Like many men my age, I have an enlarged prostate that my doctor monitors during annual visits. It doesn't impair my life, with the small exception of being annoying (waking up nightly to a weak or slow urinating stream), and it doesn't bother me too much during the day, except once in a while when I have to urinate a little more than usual. Every now and then I'll try an over-the-counter prostate supplement, but they never work. I will NOT go for a surgery because it's not really necessary.

I just read about a new revolutionary treatment option called a prostatic lift device, which is supposed to "lift and remove the prostate tissue out of the way so it no longer blocks the urethra (the passageway that the urine flows through)." It says, "Tiny implants are placed to hold the tissue in place, like tiebacks on a window curtain, leaving an unobstructed pathway for urine to flow normally again." They go on to say that treatment typically takes

under an hour, preserves sexual function, doesn't require cutting, heating or removal of tissue. Compared with other BPH surgeries, this system is supposed to have a strong safety profile with minimal side effects. Have you ever heard of this? Do you think it's safe? It sounds great. However, the thought of tiny implants being placed inside of me and staying there scares me. -- V.A.

ANSWER: The prostatic urethral lift procedure is yet another option for men with symptoms of an enlarged prostate. The procedure does involve the placement of small implants. The procedure is said to be easy to perform (easy for a urologist, that is), and improves quality of life and measures of urinary flow.

In a study of 206 men, none developed sexual troubles after the procedure. It has significant benefits over traditional surgery: Recovery is faster and has less risk of sexual side effects, but traditional surgery improved urinary flow and complete bladder drainage more than the urethral lift procedure. Also, 14% of men who had the lift procedure needed the traditional surgery within five years. The implants seem to be safe and do not affect



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the ability to do surgery if necessary.

I wouldn't recommend this procedure nor a surgical procedure -- or even an alternative procedure like laser, microwave, plasma vaporization or water vapor ablation -- without a trial of prescription medication first. Most men do very well with an alpha blocker like tamsulosin (Flomax), a dihydrotestosterone blocker like dutasteride (Avodart), or a combination of the two. I'm not sure you have tried that.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Trivia test by Fifi Rodriguez

answers on page 7

1. ADVERTISING SLOGANS: Which product was advertised as "the champagne of bottled beer"?
2. GEOGRAPHY: Which was the first designated national park in the United States?
3. BIBLE: From which book of the New Testament does the proverb "the blind leading the blind" originate?
4. U.S. PRESIDENTS: Which president established the Purple Heart award to military members injured or killed in battle?
5. LITERATURE: What is the title of a classic novel that its British author originally named "Strangers from Within"?
6. ANIMAL KINGDOM: Which animal's home is called a lodge?
7. FOOD & DRINK: Which spice is described as "the Queen of Spices"?
8. MUSIC: Who wrote the libretto and music to the opera "The Flying Dutchman"?
9. HISTORY: Which country's revolution was described in the book "Ten Days That Shook the World"?
10. ANATOMY: What is the most common blood type in humans?

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KOVELS Antiques & Collecting Paddy & The Pig

Famous mascots, logos and characters from books and songs are being tossed aside in this modern, more politically correct world. The Aunt Jemima of today doesn't resemble the original. Chief Wahoo of the Cleveland Indians baseball team made his last appearance at the end of the 2018 season. But has it gone too far? It has been suggested that the Fighting Irish Leprechaun, mascot of the University of Notre Dame sports teams, be dropped as not politically correct. Though derived from Irish folklore, some think he is a negative stereotype that is insulting to those of Irish background. As always, there are two sides to the argument, and



Paddy and the Pig is a caricature found in political cartoons during Victorian times. A toy based on the caricature sold recently for \$1,320.

so far, those who like their leprechaun are winning.

This leprechaun probably was inspired by "Paddy and the Pig," a caricature used by British political cartoonists since the 1840s to represent Ireland and the Irish people. Paddy was the ignorant peasant; the pig was the backward agricultural nation. Paddy wore breeches, a patched coat and a strange hat. Most of the political arguments were about Irish Home Rule, a hot topic in Victorian England politics. The comic Paddy was re-created as a toy.

A version made by Lehmann, a German toy manufacturer, depicts Paddy trying to ride an uncooperative pig that moves back and forth while Paddy holds on for dear life. It sold at a Bertoia auction in New Jersey for \$1,320.

Q: Is there an easy way to date an unused postcard? I know the amount of the postage stamp has often changed and there are lists of the prices and dates. But when were photographs rather than color pictures used? When was it called a "postal card"?

A: Postcard collectors know and have listed the table of postage and postcard changes online, and they are in our book "Kovels' Know Your Collectibles." A postal card is an early card called "pioneer" with no picture used from 1893 to 1898. A gov-

ernment printed card had printed postage, a privately-printed card required a stamp and a divided-back card was used from 1907 to 1914. Photochrome cards were used after 1939. Collectors call them photographs, although many are lithographs with a shiny finish. Real photo cards were used since 1900. If you want to sound like an expert, refer to them as RPPC. Used cards can be dated by the amount of the postage stamp; the postmark; a two-digit postal code, used after 1943; and a five-digit ZIP code, used after 1963.

CURRENT PRICES

"Peanuts" Lucy cookie jar, yellow dress, 12 x 8 1/2 inches, \$15.

Irish lace collar, ivory shawl, flower blossom pattern, trailing leaf border, c. 1910, 11 x 46 inches, \$50.

Pitcher, silver, lid, hinged, inset Irish coin, armorial, hammered, 1800s, Ireland, 6 inches, \$90.

Wedgwood chalice, fairyland luster, orange interior, cobalt exterior, gilt, birds, chased base, 7 1/4 x 5 1/4 in. \$180.

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