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April 21, 2020
Volume 8 • Issue #31

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Q: What's written on the gravestone of a robot?
A: *Rust in peace!*

Q: Why don't witches fear oxidation?
A: *Because there's no rust for the wicked!*

Q: Who do you think invented dancing?
A: *A really big family with just one bathroom!*



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TIDBITS® DEALS WITH

RUST

by Janet Spencer

Come along with Tidbits as we learn about iron, rust, and corrosion!

IRON

- Iron is the most abundant metal on Earth. It's the most abundant element in the total composition of the planet; about 25% of the Earth's crust is made of it. Iron is the 6th most common element in the Universe. About 90% of all metal refined today is iron.
- The word "iron" likely descended from the Anglo-Saxon "iren" meaning "holy metal" possibly because it was used to make swords that were used in the Crusades. The Latin word "ferrum" meaning "firmness" is the origin of iron's element symbol, Fe.
- Cast iron is made by pouring molten iron into a mold and letting it harden.
- Pig iron is iron ore that has undergone initial smelting in order to get it ready to be further refined. When cooling, the molten iron is poured into branching molds that resemble piglets suckling from their mother.
- Wrought iron literally means "worked iron." It's an iron alloy that is hammered, rolled, and worked into various forms. Wrought iron is no longer made on a large commercial scale, and most

continued on page 3

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at Mikey's Bar & Grill in New Effington, SD

APRIL 24th 5:00-7:30pm (or gone)

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continued from page 1

modern items that are labelled wrought iron are usually made of steel instead. Steel is an alloy of iron and carbon.

- Iron interacts with oxygen, and that interaction results in rust. The word "rust" comes from the old German word "rusta" meaning "redness" which also gives us "ruddy."

- There is very little pure iron found on Earth due to its tendency to rust away. Instead, iron is extracted from iron ore through the process of smelting. The ore must be heated to 2700 F (1500 C) or higher, a process that wasn't mastered until around the year 2,000 BC at the dawn of the Iron Age.

- Rust requires three things in order to form: iron, oxygen, and water. Rust forms when oxygen reacts with iron, but water must also be present for the chemical reaction to take place. Humidity in the air is all that's needed, though rain water, salt water, and sea spray hasten the process.

- Technically speaking, rust refers specifically to the corrosion of iron and iron alloys, while corrosion is the deterioration of any metal due to contact with oxygen.

- Other metals corrode, but the corrosion is not referred to as rust: silver tarnishes, and copper turns green with a patina called verdigris, but only iron rusts. Corrosion turns calcium white; thallium turns blue; strontium corrodes yellow; scandium turns pink.

- There are only a few metals that do not corrode, including gold, platinum, palladium, tantalum, niobium, iridium, and osmium. All other metals react with oxygen in air or water. Some metals such as aluminum, chrome, nickel, and titanium form a protective layer of metal oxide corrosion that is so dense and impenetrable that contact of the metal with oxygen is cut off and corrosion comes to a halt. This is why aluminum keeps its shine and why aluminum cans last for centuries in a dump.



- Stainless steel contains chromium which forms an oxide, much like how iron forms rust. The difference is that the chromium oxide does not flake away so it forms a protective layer, preventing further corrosion.

- In order to stop corrosion, a barrier must be placed between the metal and oxygen: paint, grease or oil, plastic, or a layer of zinc. Covering metal with a protective layer of zinc is called galvanization, named for Italian scientist Luigi Galvani.

- When two different metals come into contact with each other, a tiny electrical current moves between them and this also causes corrosion.

- The Corrosion Severity Test measures how quickly an unprotected piece of carbon steel will deteriorate, losing weight through corrosion. This is measured in micrograms per square centimeter, over the course of a year. The scale is used to evaluate environments in order to determine if metal in the area will deteriorate quickly or slowly.

- The coastlines have high levels of corrosion; even moving a quarter mile inland helps prevent rust. A hammer will rust 500 times slower in Siberia than in Panama, where it rains an average of six days a week. The most corrosive environment is on ships.

- Rust causes more damage than all natural disasters combined, costing about \$437 billion annually in damages which is about 3% of the GDP. Nearly half of all failures in agricultural machinery are caused by corrosion.

- There are 21 states in the U.S. that are considered to be in the "salt belt" because salt is used to melt snow on roads in the winter, and salt speeds corrosion. In places like Ohio, it's been estimated that a car loses about ten pounds (4.5 lb) in weight every year due to rust. (cont)

- Computer servers on oil platforms in the North Sea are so prone to rust that they are kept in sealed rooms which are pumped full of nitrogen to displace the normal atmosphere. Anyone entering the room must don scuba gear in order to be able to breathe normally while tending to the computer gear.

- When a couple of protestors decided to climb the Statue

of Liberty in 1980, they discovered that their planned method of pulling themselves up the copper surface using suction cups would not work because the corrosion caused pitting that would not allow a tight seal. Following their failed stunt, the statue was carefully examined for damage they may have inflicted. The inspection showed that the entire statue was rusting to death. The resulting restoration cost \$277 million (equal to \$1.4 billion today) and took six years to complete.

- In 2007, one of Minnesota's busiest bridges collapsed into the Mississippi River, killing 13 people, in part due to rusty rivets.

- In 1988, Aloha Airlines Flight #243 suffered a catastrophic

continued on page 3



1. ACRONYMS: What does the ZIP postal code stand for?
2. GEOGRAPHY: What is the longest river in the United States?
3. GENERAL KNOWLEDGE: What was Walt Disney's middle name?
4. BUSINESS: Which company owns the Lamborghini line of sports cars and SUVs?
5. FOOD & DRINK: What is the primary ingredient in the snack hummus?
6. MYTHOLOGY: Where was Achilles' vulnerable spot?
7. MOVIES: In the thriller "Die Hard," what was the name of the high-rise building where the action took place?
8. SCIENCE: Which part of the atom has no electrical charge?
9. ENTERTAINERS: Which actress/singer's nickname was The Divine Miss M?
10. TELEVISION: Which 1970s comedy series spawned the spinoff series "Maude"?

answers on page 7

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answers on page 7

King Crossword

ACROSS

- 1 Pythias' pal
- 6 Try the tea
- 9 Cleveland cager
- 12 Memorable mission
- 13 " - Little Teapot"
- 14 Blackbird
- 15 Make obscure
- 16 "Material Girl" singer
- 18 Bold alternative
- 20 Check
- 21 Dogtag wearers
- 23 - good deed
- 24 Founded (on)
- 25 Love god
- 27 Ill-suited
- 29 Praying bug
- 31 Tiny
- 35 Vote for
- 37 Prego rival
- 38 Start a rally
- 41 Moon vehicle acronym
- 43 - Perignon
- 44 Shaving cream additive
- 45 Cut aid
- 47 Insanity
- 49 Free of frost
- 52 Inseparable
- 53 Bullring bravo
- 54 Beetle
- Bailey's bully

1	2	3	4	5	6	7	8	9	10	11	
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47				48				49		50	51
52					53			54			
55					56			57			

- 55 Commotion
- 56 Trawler need
- 57 Hiker's route
- 11 Food item
- 17 Speaker
- 19 Grown-up nit
- 21 Prized possession
- 22 A Gershwin brother
- 24 Morsel
- 26 Spielberg or Soderbergh
- 28 In the cards
- 30 -de-France
- 32 Fortified Portuguese wine
- 33 "But - on forever":
- Tennyson
- 34 Summa - laude
- 36 Storage area
- 38 Pago Pago's place
- 39 Savanna grazer
- 40 Wild West show
- 42 Interior
- 45 Capri, e.g.
- 46 Approach
- 48 A billion years
- 50 Movie trickery (Abbr.)
- 51 Wet wriggler

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Summit, SD

Summit Area Economic Growth



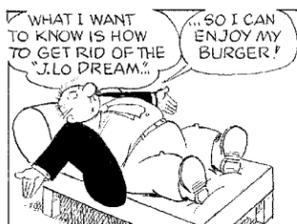
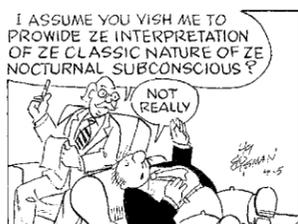
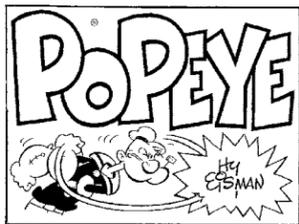
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continued from page 2

failure when a section of the fuselage peeled off at 24,000 feet (7,300 m), killing one flight attendant before making an emergency landing. The cause was metal fatigue caused by corrosion; the plane was 19 years old and had operated in a marine environment during that time.

- In March of 2006, the Trans-Alaska pipeline carrying crude oil from Prudhoe Bay sprang a leak, which wasn't discovered for five days. About 267,000 gallons of oil spilled out onto the tundra before the leak was halted. The cause was corroded pipelines.

- In 1984, water leaking from a rusty pipe at a chemical plant in Bhopal, India, entered a tank full of chemicals, setting off a chain reaction that killed around 3,000 people.

MEMORABLE MOVIES

WILLY WONKA

In 1964, Roald Dahl published a popular book called "Charlie and the Chocolate Factory." In 1971, it was turned into the film "Willy Wonka & the Chocolate Factory."

- During casting, many top actors were considered for the lead role of Willy Wonka, including all six members of Monty Python. Graham Chapman, John Cleese, Eric Idle, Terry Gilliam, Terry Jones, and Michael Palin all expressed interest in the role, but at the time they were just becoming well-known in England and had little following in the U.S. Roald Dahl wanted Irish comedian Spike Milligan to play the part and Peter Sellers begged for the role. However, Gene Wilder landed the part.

- Although the story takes place in London, filming was done in Germany, partly because director Mel Stuart didn't want audiences to be able to peg the neighborhood where it had been filmed, and also because Munich had more of the old-world look and feel that he wanted.

- The opening credits sequence was filmed at a real (Tobler) chocolate factory in Switzerland.

- In the original book, Willy Wonka's factory was run by African pygmies. Because the fight for civil rights was in full swing at the time the movie was made, the director turned the workers orange and gave them green hair.

- Finding actors to play Oompa Loompas was a challenge requiring a wide search. Six out of the ten were played by British actors but the others came from Germany, Malta and Turkey. They ranged widely in age with the oldest being 70 years old at the time. One of them was a woman.

- After completing his role as an Oompa Loompa, Rusty Goffe went on to many other roles, including parts in "Star Wars" "Willow" "Dr. Who" and "Harry Potter." (cont)

- Peter Ostrum played the role of Charlie Bucket in the film. At the age of 12, he was in 6th grade and acting in a

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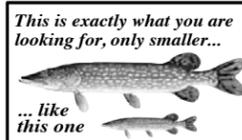
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play in Ohio when he was spotted by a talent scout, who took Polaroid pictures, asked him to read directly from the book, and returned a couple months later to ask if he'd like to move to Germany for five months to star in the film. He became great friends with Gene Wilder, though they never saw each other again after filming concluded. This was the only movie he

Reader Contest. "GONE FISHING"



FIND THE THREE (3) NORTHERNS (pictured to the right) in advertisements in this issue and enter to win FOUR FREE COMBO MEALS for HARDEE'S in MILBANK, SD.



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DEADLINE FOR April 14, 2020, Volume 8, Issue #30 is Thursday, April 23, 2020 - 4 PM, SEARCHING FOR: (3) PERCH

WINNER for April 7, 2020, Volume 8 Issue #29: Dee Ann Dragt, Milbank, SD

SEARCHING FOR: (3) EASTER EGGS PRIZE: \$25 Gift Certificate for Community Corner in Watertown, SD and a \$25 Gift Certificate for Stockman's Family Restaurant in Watertown, SD.



Locations for April 7, 2020 (v8 #29)
 #1: Pages's Place Cafe & Grill, Watertown, SD, page 2
 #2: Magic Mile Casino Laundry Car & Pet Wash, Watertown, SD page 6
 #3: The Good Buy Gals, Watertown Mall, page 8

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ever made. He grew up to become a veterinarian, specializing in cows in upstate New York.

- When Sammy Davis, Jr. was asked to perform the signature song "The Candy Man" he had misgivings about it, but it turned out to be the only number one hit he ever had.

- In the scene where the children enter the Chocolate Room for the first time and see the candy gardens, their reactions are authentic, because the actors had not been allowed to see that

continued on page 6

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Moments in time

THE HISTORY CHANNEL

- On April 23, 1564, the great English dramatist and poet William Shakespeare is born in Stratford-upon-Avon, the son of a leather trader and the town bailiff. At age 18 he married Anne Hathaway, who was eight years his senior.
- On April 21, 1918, in the skies over France, Manfred von Richthofen, the notorious German flying ace known as "The Red Baron," is killed by Allied fire. Richthofen was the top ace on both sides of the Western front, downing 80 enemy aircraft.
- On April 24, 1945, President Harry Truman learns the full details of the Manhattan Project, in which scientists are attempting to create the first atomic bomb. The project was so secret that the former vice president only learned of it after President Franklin Roosevelt's death.
- On April 26, 1954, the Salk polio vaccine field trials, involving 1.8 million children, begin in McLean, Virginia. A year later, researchers announced the vaccine was safe and effective, and it quickly became a standard part of childhood immunizations in America.
- On April 22, 1970, Earth Day, an event to increase public

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awareness of the world's environmental problems, is first celebrated in the U.S. Millions of Americans, including students from thousands of universities, participated in rallies, marches and educational programs.

On April 20, 1980, the Castro regime announces that all Cubans wishing to emigrate to the U.S. are free to board boats at the port of Mariel west of Havana, launching the Mariel Boatlift. The first of 125,000 Cuban refugees from Mariel reached Florida the next day in about 1,700 boats, overwhelming the U.S. Coast Guard.

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Amber Waves

by Dave T. Phipps

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Tie is different. 2. Plane is missing. 3. Ship is missing. 4. Window is added. 5. Hobo stick is different. 6. Word changed to "agent".

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 M A E M M O N T I C E L L O R
 G L J I G E E D S B R L A G F
 Y X W U R E Y W A L P T S Q P

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: College of William and —

Author	France	Legislator	Slaves
Designer	Gardener	Martha	Statesman
Equality	Governor	Monticello	Thinker
Founder	Lawyer	President	

answers on page 7
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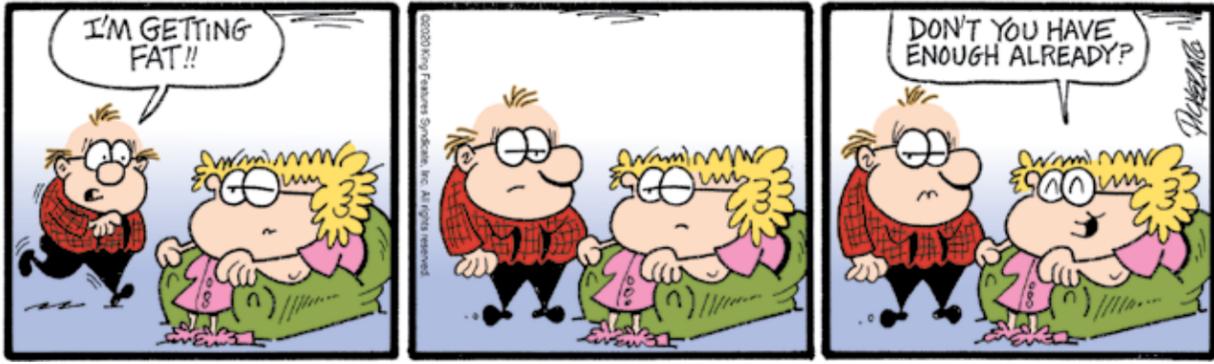
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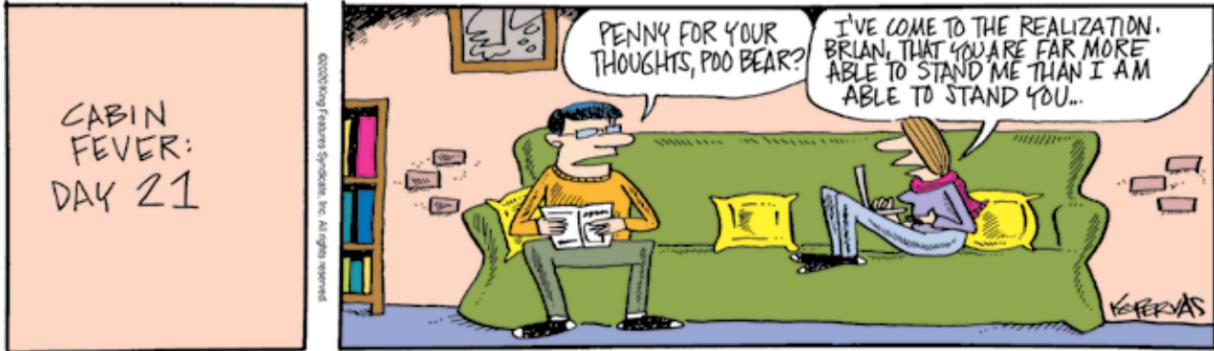
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Weekly SUDOKU
by Linda Thistle

	7		5			2		
		2		6				4
9					1			3
7					6	9		
		3	8					2
	4			5				7
	6		7					1
		8		1		3		
2					5			8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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Now here's a tip! by Ann Durston

• Earth Day Tip (Wednesday, April 22): When choosing personal care products, apply the same eco standards as you do with food. Check the ingredients list to find safe products. Go for products that are free of dyes and perfumes. When possible, choose products that use the least packaging.

• Have a bright flashlight handy in the laundry room. It's

FEAR KNIGHT
By: rj johnson
DOUBT? ... OR DARE!

IMX
ROYVEL
SHTOG
♥ERMI
♥TIXESS
PHO
♥ASMH
GONTI
VEE
PLEMIA
♥EHRIS
HETE

answers on page 7

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much easier to identify stains with the right lighting. Sending a still-stained garment to the dryer can set the stain, making it much harder or impossible to remove.

- Three easy steps to sear your meat: Preheat the skillet, wait 30 seconds before you add oil and pat your meat dry before placing in the skillet.
- "I use a paperclip covered by tissue to clean the cracks on my keyboard." -- I.P. in South Carolina
- If you leave a load of laundry too long in the washer, you can re-run it and add a cup of white vinegar to the load to kill the musty smell of potential mildew.
- "I make my own little good-behavior coupons for my three children. I print them on different colors of paper for each child. They can cash in coupons for activities or rewards, and if they go in together to get something, I will give them bonus coupons for working together. I think this has made goal-setting a priority for them, and it has helped them learn the lesson of shared goals -- an important one for a large family." -- R.V.F. in Arizona

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803. © 2020 King Features Synd., Inc.

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Due to the increase COVID-19 concern and in the best interest of our community and employees, it is with heavy hearts we announce we will be closed until further notice.

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continued from page 3

set prior to filming.

- The chocolate river was made primarily of dyed water with cream added in for texture. The cream quickly spoiled in the heat and became rancid.
- As the Wonkatania boat makes its way down the Chocolate River with all on board, an Oompa Loompa captain steers the boat through the waters. In reality, the boat was on a track being pulled forward automatically, but the director never informed the actor at the helm of this fact, wanting to film an authentic effort to steer the boat.
- The entire \$3 million cost of making the film was financed

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by the Quaker Oats Company, who intended to release a new candy bar in conjunction with the release of the film. However, the new candy bar was not formulated to withstand heat and melted inside the delivery trucks before ever reaching the stores. Nestle later took over the Wonka Candy Company.

FIGHTING RUST

- Robert Fergusson ran away from his home in Scotland at the age of 12, and went to seek adventure on the sea. His duties included swabbing and re-painting the rusty metal deck, always a tedious and time-consuming chore.
- One day he lunged for an open container of raw fish oil trying to catch it before it spilled, but failed. It spread all over the deck. In the days following the spill, he noticed that the rust that had been relentlessly creeping across the deck stopped where the fish oil had spilled. He remembered this fact throughout his long career as a sea captain.
- After settling in New Orleans, he frequently experimented with fish oil-based paints. The problem was that they smelled terrible and took forever to dry.
- When Fergusson was 42 years old, he was put in charge of a fleet of ships during World War I. Taking the opportunity to do further experiments with fish oil, he finally hit on a formula that smelled better, dried fast, and stopped rust overnight. He dubbed the paint "Rust-Oleum."
- After the war, he founded a paint company in 1921, which did quite well. Today Rust-Oleum is a worldwide leader in protective paints and coatings for both home and industry. Fish oil is no longer used in the formula, having been replaced by

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polyurethanes, epoxies, and latex.

- The company's motto, 'Rust Never Sleeps' was created by the members of the rock group Devo when they worked for an Ohio advertising agency prior to becoming famous. The motto was later borrowed by Canadian singer Neil Young for an album of the same title.
- In 1953 Norm Larson and two other researchers were searching for a substance to prevent rust on missiles. They formed the San Diego Rocket Chemical Company.
- They needed to find a formula that would displace water, preventing it from sitting on metal surfaces. They tried formula after formula before hitting upon formula #40. This concoction of mineral spirits and mineral oil repelled water, preventing corrosion. The product was named for its water-displacing abilities and for the fact that it was the fortieth attempt: WD-40.
- When workers building missiles began using it, they found it so useful that they began to sneak it out of the factory to take home, where they found many more uses for it.
- It stops hinges from squeaking, loosens frozen nuts and bolts, keeps snow from sticking to snow shovels, and even removes crayon marks and tar splatters from surfaces.
- By 1958 the product came in an aerosol can for easier distribution, and it was marketed to mechanics and hardware stores nationwide.
- The company got a boost in 1961 when Hurricane Carla wreaked havoc on the Gulf Coast; the product was used extensively to recondition flooded cars and prevent rust on metal equipment.
- In 1973, WD-40 Company, Inc., went public with its first stock offering, and in 2014, WD-40 was inducted into the International Air & Space Hall of Fame at the San Diego Air & Space Museum.
- Today there are more than 2,000 ways to use it. Norm Larson sold his share of the company for a pittance and never got rich off his invention, but it is now found in an estimated four out of every five American homes.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Tear-causing veggie	___ N ___	Night sky hunter	___ R ___
2. Moan and groan	___ M ___	Like a hidden talent	___ T ___
3. Goofy	___ I ___	Charlie Brown's sis	___ A ___
4. Become fainter	___ A ___	Coffeemaker strainer	___ I ___
5. Place a bet	___ G ___	Thirst quencher	___ T ___
6. Cushion	P ___	Drooping tree	W ___
7. Use one's noggin	___ K ___	Object	___ G ___
8. Airplane garage	___ A ___	Closet accessory	___ E ___
9. Temporary tire fix	___ A ___	Throw like Cy Young	___ I ___
10. Soapy fizz	___ B ___	Stagger	___ M ___

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top ten
Kids' Favorite Brands*

1. YouTube
2. Oreo
3. M&Ms
4. Hershey's
5. Doritos
6. Chips Ahoy!
7. Netflix
8. Cheetos
9. Lay's
10. Goldfish

*ages 6-12 Source: Smarty Pants

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A	L	A	M	O	I	M	A	N	I	
B	E	D	I	M	M	A	D	O	N	N
	I	T	A	L	I	C	R	E	I	N
G	I	S	D	O	A	B	A	S	E	D
E	R	O	S	U	N	F	I	T		
M	A	N	T	I	S	A	T	O	M	I
	E	L	E	C	T	R	A	G	U	
S	E	R	V	E	L	E	M	D	O	M
A	L	O	F	E	I	O	D	I	N	E
M	A	D	N	E	S	D	E	I	C	E
O	N	E	O	L	E	S	A	R	G	E
A	D	O	N	E	T	T	R	A	I	L

Even Exchange
 answers

1. Onion, Orion
2. Lament, Latent
3. Silly, Sally
4. Falter, Filter
5. Wager, Water
6. Pillow, Willow
7. Think, Thing
8. Hangar, Hanger
9. Patch, Pitch
10. Bubble, Bumble

Strange BUT TRUE
 by Lucie Winborne

- Humans are the only primates without pigment in the palms of their hands.
- American alligator blood contains a serum that is so effective at combating bacteria and viruses, even alligators that lose limbs in mucky swamps often avoid infection.
- Irish author James Joyce was a great fan of Norwegian dramatist Henrik Ibsen's plays. How great? He learned basic Norwegian just to send Ibsen a fan letter.
- There's a Facebook group called "Best Day of My Life: When I Realized the Old Brewers Logo Was a Ball & Glove AND the Letters M & B."
- China has the largest population of smokers in the world -- 316 million people -- accounting for nearly one-third of the world's smokers and 40% of tobacco consumption worldwide. But just more than 2% of Chinese women smoke, compared with more than half of all Chinese men.
- The term "deadline" dates to the American Civil War. Lines in the dirt would be drawn around prisoners. If they crossed one, they would be executed by their guards. Not surprisingly, both prisoners and guards soon took to calling such a line the "deadline."

INNOVATIVE WAYS TO STAY AT HOME: INVISIBLE RANGE CALLERS FOR HUMANS

KIRK
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- Philematology is the scientific study of kissing.
- Research has shown that men who kiss their wives goodbye live about five years longer, make up to 30% more money and are involved in fewer car accidents than those who don't.
- As if that weren't enough, kissing even helps keep your teeth healthy, by causing an increase in saliva, which helps wash away plaque.

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TRIVIA TEST
 Answers

1. Zone Improvement Plan
2. Missouri River
3. Elias
4. Volkswagen
5. Chickpeas
6. His heel
7. Nakatomi Plaza
8. The neutron
9. Bette Midler
10. "All in the Family"

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Carmen Electra	4/20/1972
Queen Elizabeth	4/21/1926
Jack Nicholson	4/22/1937
George Lopez	4/23/1961
Kelly Clarkson	4/24/1982
Al Pacino	4/25/1940

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KOVELS
Antiques & Collecting
By Terry and Kim Kovel

Antique Bed

Can an antique bed be used in a modern home without difficulties? Yes and no. The beds used before about 1900 are shorter and narrower than the standard sizes used today. That means that to use the beds, the fitted sheets, blankets, box springs and mattresses may have to be custom made. It might be possible to use toppers or foam rubber instead of springs. But then the top of the bed will be lower than normal.

Until the late 1800s, the mattress was held in the bed frame with wooden slats or rope. An old rope bed will have



This unusual bed with decorative bright paint sold recently for \$12,500. It was made about 1830. There are pegs to use for "sacking" to hold the mattress, not side holes for roping the bed. It can be converted to hold a modern mattress.

holes in the side rails to "rope the bed." Some old beds have pegs in the side rails. These hold a mattress with "sacking," a piece of sailcloth with eyelets that match the positions of the pegs. It is strung into place in the center of the frame to hold the mattress. Ask a local antique dealer, historical house curator or search online for "roping a bed" for instructions.

An antique bed is shorter than a new one. Sometimes it is best to use just the head and footboards and buy a modern metal frame. A colorfully painted antique Empire bed made in New England was auctioned by Nye & Co. recently for \$12,500.

Q: I'd like to know a reasonable value of an old portable record player, a Califone Model 1430K. I'd like to buy one and this model reminds me of the one I used in school when

Husband Starting Radiation Treatment

DEAR DR. ROACH: My husband is about to start radiation treatment for stage one cancer on his vocal chord. Does radiation negatively affect the immune system the same way chemotherapy does? Should I be looking out for people who don't vaccinate? -- H.T.

ANSWER: Radiation can affect the immune system when it is given to large areas of the body, since the immune system cells are largely sensitive to radiation. Whole-body radiation rarely is used now, except in people planning for bone-marrow transplant. By contrast, localized radiation does not adversely affect the immune system to anywhere near the degree that chemotherapy can, since the bone marrow, where the immune system cells live, is diffuse throughout the large bones of the body.

As far as avoiding unvaccinated individuals, people who are unvaccinated and who are healthy do not pose a risk. It is in an outbreak of vaccine-preventable disease (there have been localized outbreaks of measles and mumps in the past year, and there are seasonal outbreaks of influenza) that unvaccinated people are much more likely to be infectious. So anyone with immune system disease (such as chemotherapy or whole-body radiation) should avoid people with potentially infectious illness. Caregivers of people with severe immune disease

I was younger. Can you help?

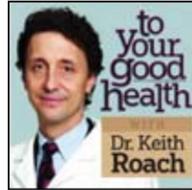
A: The Califone Model 1430K phonograph was made in the 1970s and '80s and popular with schools, libraries and churches. It was a solid-state phonograph with a built-in speaker and a 4-speed turntable that played 45, 33, 16 and 78 RPM records. It had some useful features, including a built-in 45 adaptor and an on/off knob with a Pause position. Older models were blue or gray and had a metal turntable platter. Newer ones were made in gray with a plastic platter. But while considered "portable" in a case with a removable lid, it weighs almost 20 pounds. A working Califone Model 1430K sells for \$50 to \$75.

CURRENT PRICES

Oil lamp, glass, emerald green font, beaded heart pattern, clear tapered base, 11 inches, \$70.

Advertising poster, Drink Orange Crush, woman floating on lake in inner tube, paper, frame, 19 1/2 x 15 1/2 inches, \$150.

Folk art cane, Eagle's head handle, black paint



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certainly should be immunized according to current guidelines. Even elderly people whose caregivers are immunized for flu get flu less than those whose caregivers are not.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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remnants, shaft with carved feathers, metal ferrule, American, 1800s, 35 1/2 inches, \$210.

Fraktur picture, house blessing inside heart, flowers & vines, watercolor details, grain painted frame, 1800s, 7 x 6 inches, \$370.

TIP: Felt-tip markers in shades of brown and black can be used to camouflage a small nick in furniture. You can use several markers and blend the color.

For more collecting news, tips and resources, visit www.Kovels.com

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Spaghetti Pie With Prosciutto & Peas

8 ounces thick spaghetti
4 large eggs
2 large egg whites
1 container (15 ounces) part-skim ricotta cheese
3/4 cup reduced-fat (2 percent) milk
1/8 teaspoon ground nutmeg
Salt and ground black pepper
1 tablespoon margarine or butter
1 bunch green onions cut into 1/4-inch pieces (about 1 cup)
1 cup frozen peas
6 slices thinly sliced prosciutto (about 3 ounces)

- Heat oven to 350 F. Heat large covered saucepot of water to boiling over high heat. Add spaghetti and cook 2 minutes less than label directs.
- Meanwhile, in medium bowl, whisk eggs, egg whites, ricotta, milk, nutmeg,

1/4 teaspoon salt and 1/4 teaspoon pepper until blended. Set aside. In oven-safe nonstick 12-inch skillet, melt margarine over medium heat. Add green onions and cook about 5 minutes or until softened. Remove skillet from heat.

- Drain spaghetti. To green onions in skillet, add spaghetti and frozen peas; toss to combine. Pour egg mixture over pasta and arrange Prosciutto slices on top.
- Place skillet over medium-high heat and cook 3 to 5 minutes or until edges just begin to set. Place skillet in oven and bake 15 minutes or until center is set. Slide pie onto large plate to serve. Serves 6.

* Each serving: About 535 calories, 13g total fat (4g saturated), 68mg cholesterol, 350mg sodium, 65g total carbohydrate, 6g dietary fiber, 36g protein.

For thousands of triple-tested recipes, visit our Web site at www.goodhousekeeping.com/food-recipes/.

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Pepper and Egg Sandwiches

Add an instant taste of summer to savory dishes with a peck of bright peppers. When you can't -- or don't have time to -- grill them yourself, grab a 12-ounce jar off the pantry shelf, drain well and chop, and try them in this quick recipe.

1 large sweet onion, chopped
8 large eggs
Red peppers
1/2 teaspoon salt
1/4 teaspoon freshly ground black pepper
4 ounces (1 cup) provolone cheese, shredded
4 (6-inch) hero rolls

- Spray a 12-inch nonstick skillet with nonstick spray; then heat on medium 1 minute. Add onion and cook, covered, 10 minutes or until lightly browned, stirring occasionally.
- Meanwhile, in bowl, whisk together eggs, salt and pepper. Add red peppers to onion in skillet. Pour eggs over vegetables; cover and cook 8 minutes or until almost set, stirring occasionally. Sprinkle with provolone cheese; cover and cook 2 minutes or until cheese melts.
- Spoon egg mixture into split hero rolls. Serves 4.

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