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in Watertown
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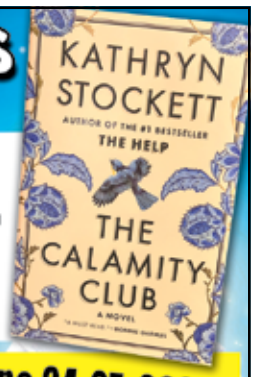
In 1933 Oxford, Mississippi, Prohibition is on the wane, and the Great Depression is tightening its grip. Poor and rich folks alike have fallen on hard times, even as the old social order remains. For women on the margins, the options are few and the price of dignity and self-determination is unbearably high.



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Laugh-A-Bit with Tidbits

Miss Jones had been giving her second-grade students a lesson on science. She had explained about magnets and showed how they would pick up nails and other bits of iron. Now it was question time and she asked, *"My name begins with the letter 'M' and I pick up things. What am I?"* A little boy in the back answered, "You're a mommy."

TIDBITS® SERVES UP SOME

SUGAR & SPICE

by Kathey Wolfe

This week, Tidbits is passing along the facts on sugar and spice and everything nice!

• Sugar cane is a reedy plant that is about 15% sugar and can reach a height of 15 feet (4.57 m). When it's between 6 and 10 feet tall, it is cut and stripped of its leaves. Juice is extracted through a pressing process and is boiled several times, followed by purification with lime water. It's then centrifuged to produce sugar crystals.

• Sugar beets, a variation of the common garden beet, have been grown as a source of sugar since the times of Napoleon. The beets are cut up and diffused in hot water. The water is then evaporated to produce a thick syrup, followed by further refining.

• The three U.S. states responsible for the production of sugar cane are Florida, Louisiana, and Texas. In the early 1980s, about 704,000 acres of the crop were cultivated, while today that number exceeds 925,000 acres. The world's largest producers are India and Brazil.

• Molasses is the by-product of the first boiling of sugar cane juice. This thick liquid is rich in Vitamin B6, iron, calcium, magnesium, and potassium. Brown sugar is a mixture of granulated sugar and molasses, gaining its distinctive color from the molasses.

• The average American consumes 17 teaspoons of added sugar every day. This is nearly twice the recommended limit for men of 9 teaspoons, and three times the 6 teaspoon recommendation for women. Residents in the state of Kentucky consume an average of 21.2 teaspoons of added sugar a day, contributing to one of the highest

continued on page 2

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VETERANS POST
by Freddy Groves

Volunteering at a Stand Down

The summer and fall of 2026 could well be the most rewarding you've had in a long time, especially if you want to step up and help other veterans at a Stand Down.

Stand Downs are often the highlight of the year for homeless veterans. Begun in 1988, these are one-, two- or three-day events in numerous places around the country. At a Stand Down a homeless veteran can get a haircut, clean clothes, legal advice, a hot shower, a visit to a dentist, something to eat, help with a VA claim or housing and mental health counseling. Add to that employment search assistance and help from veteran service organizations.

And they always need volunteers. That's where you come in, if you're willing.

Many of the homeless veterans don't have a ride to the event. You might volunteer to drive the van and pick up a half dozen veterans to get them to the Stand Down in your area. Maybe you'll want to work in the food area and feed the hundreds of people who show up.

If you have special skills and training, such as dental assistant, attorney or barber, speak up when you call to volunteer. If you're not sure what you can contribute, ask what they need. Even if it's sorting the clothing that's been donated, dashing to the store to pick up another 50 lbs. of ground beef to grill another 200 hamburgers or standing at the entrance and directing veterans to the various areas, your help will be most appreciated.

The best place to look for Stand Downs in your area is online at www.va.gov/homeless/events.asp. You'll find a long list with contact names, phone numbers and email addresses. Also search online for Stand Downs in your state.

Whether you want to volunteer or you are a veteran in need of the services at a Stand Down, make the call. You'll be most welcome no matter your status.

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continued from page 1

rankings in the nation for obesity and diabetes. Mississippi isn't far behind with a 20-teaspoon average. The state with the lowest consumption is Oregon, with an average of 15 teaspoons per day.

• Consider the fact that the average 12-oz. can of soda contains 8 teaspoons of added sugar. A can of Coca-Cola has 9 3/8 teaspoons, while Mountain Dew, the soda with the highest sugar content, contains about 11.5 teaspoons.

• Why do we love sugar so much? Much of it is related to the brain and its "reward system." The mesolimbic dopamine system, produces dopamine, the "feel-good" chemical associated with pleasure and satisfaction. Consumption of sugar leads to a surge in the release of dopamine. It occurs the moment the sweetness hits the tongue, with taste buds notifying the brain that sugar is on the way. It's not just sugar that triggers the dopamine – any activity that creates a sense of reward, such as delicious food, listening to our favorite music, or achieving a long-awaited goal has the same effect.

• What are the effects of too much added sugar? The risk of obesity, heart disease, and diabetes is dramatically increased. In the short term, the results can be low energy levels, headaches, inflammation, and loss in the ability to focus.

• Check the labels when watching your sugar intake. Manufacturers use over 50 different names for added sugar that you might not recognize including brown rice syrup, carob syrup, maltodextrin, corn syrup, treacle, barley malt, and agave nectar.

• What's the difference between a spice and an herb? Herbs are the leaves of the various plants – basil, oregano, parsley, rosemary, thyme, to name a few – while spices come from the seeds, buds, fruit, flowers, bark, or roots of the plants.

• In ancient times, saffron was as precious as gold. It's still the most expensive spice in the world, selling for up to nearly $2,000 per pound. It comes from a violet-colored crocus that blooms just two weeks every autumn. Harvest time is exceedingly labor-intensive. Every flower has just three stigmas that must be hand-picked at dawn before the sun has a chance to wilt the flowers. When the stigmas are dried, nearly 80% of their weight is lost. More than 225,000 stigmas are needed to yield one pound of saffron. It's an important ingredient in bouillabaisse and Spanish paella, lending a vibrant golden color to recipes. Iran is the world's leading producer.

• Although allspice's name sounds like it's a blend of several other spices, it's actually its own substance, grown on the evergreen pimento tree. It's not related

continued on page 3

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continued from page 2

to the sweet pepper pimiento (note the different spelling) that we find stuffed in green olives. Jamaica is the world's largest producer of allspice, with the pimento trees living up to one hundred years.

• Today we use bay leaves to flavor stews, but in ancient times, they were a symbol of honor and used in wreaths to crown victorious athletes and scholars. The Greeks planted bay trees near their homes, believing they would prevent misfortune. Bay leaves have anti-inflammatory and antioxidant properties, and have been used to treat congestion, digestive problems, and joint pain.

• Nutmeg is a warm, fragrant addition to pies, cakes, muffins, and cookies, as well as a colorful flavoring sprinkled on egg nog. It's native to the tropical climate of Indonesia and has a long history of high cost along with versatility. The ancients used it, not only as a culinary agent, but also for indigestion, muscle aches, arthritis, and other pain reduction. It was even believed to be a cure for the plague in medieval Europe. When used in moderation, nutmeg is beneficial and tasty. However, nutmeg contains a chemical compound known as myristicin that can cause "nutmeg intoxication" when consumed in large amounts. Several harmful side effects include skin rashes and swelling, nausea, vomiting, dizziness, dangerously low blood pressure, elevated heart rate, difficulty in breathing, and even seizures, delirium, and hallucinations. High amounts can also interfere with certain medications. Small amounts are totally safe.

• One of the earliest spices, cinnamon is mentioned many times in the Bible. It comes from the inner bark of Cinnamomum trees, which grow to 60 feet (18.3 m) high. The ancient Egyptians considered cinnamon more valuable than gold and used it for embalming mummies and in religious rituals. To the early Romans, cinnamon was a medicine valued as a treatment for digestive issues, coughs, and sore throats. Modern research has shown cinnamon to lower blood sugar levels and to reduce blood pressure. It's been linked to a reduced risk of heart disease and lower cholesterol levels, as well as improvements in Alzheimer's and Parkinson's diseases.

Kathleen_wlf@yahoo.com

1. TELEVISION: What are the names of the three girls in the animated series "Powerpuff Girls"?
2. GEOGRAPHY: Which ocean lies between Australia and Africa?
3. MATH: What is the Arabic equivalent of the Roman numerals MMXXVI?
4. MUSIC: Who won Best New Artist at the 2026 Grammys?
5. U.S. STATES: Which state is an archipelago?
6. MOVIES: Which classic movie has the tagline, "From the moment they met it was murder"?
7. GAMES: How many basketball players can be on the court at the same time?
8. SCIENCE: What is the heliosphere?
9. GENERAL KNOWLEDGE: What is vexillology?
10. HISTORY: Who was the only English king to be executed for treason?

By Fifi Rodriguez *- answers page 7*

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TIDBITS

NUGGET OF KNOWLEDGE

After his waterbed invention, Charlie Hall filed many more patents for other products including an inflatable kayak and canoe, solar-powered outdoor shower, a specialized camping mattress, and waterproof carrying bags.

Weekly SUDOKU

3			4	1	6	7	2	5
4	5			7		9		6
7			5		9	4		
			1	9			4	7
2		6		4			9	
			8	6			5	
	9	5		3	4	1	7	
			9		7		6	4
		4					8	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

- answers page 7

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KOVELS Antiques & Collecting
By Terry and Kim Kovel

BEER BOTTLES

For many people, a cold beer on a warm evening is a favorite summer indulgence. But if you look back far enough in history, beer wasn't an indulgence; it was part of a healthy diet. There are written records of beer brewing from as early as 5,000 years ago.

Before reliable sanitation systems, beer was safer to drink than water; in addition to the antiseptic properties of alcohol, brewing beer requires boiling the water. Beer was also considered a source of nourishing starches. Like bread, it is made from grains and yeast.

In fact, beer is sometimes called "Liquid Bread," as seen on this Anheuser-Busch bottle from about 1890. It isn't just any malt drink; the label states that "Combining the most palatable qualities of a refreshing drink with the invigorating and wholesome properties of the finest malt tonics, thus presenting a desirable beverage, suitable alike to invalids and persons in perfect health."

Beer or health food? "Liquid Bread" sold by Anheuser-Busch in the 19th century promised both. Collectors prize the bottles with intact labels.
PHOTO: Potter & Potter Auctions

David Nicholson, a St. Louis physician, created Liquid Bread to be bottled by Anheuser-Busch. It had a very low alcohol content, 1.9%, making it, at least at the time, appropriate for "nursing mothers," "children naturally feeble," "convalescents suffering from malnutrition," and even "ladies of the most fastidious palates," according to advertisements.

Today, the nutritional value of the drink pales in comparison to the collectible, not to mention the monetary value of its cobalt blue bottle. This one, with its label intact, sold for $1,440 at Potter & Potter Auctions, more than quadrupling its high estimate of $300.

• • •

Q: I have an old iron scale that is marked "Detecto-Lette Junior" and measures up to 24 pounds. What can you tell me about it?

A: The Detecto-Lette Junior is a pediatric scale for weighing babies. Detecto was a brand of the Jacobs Bros. Co., founded by three brothers in Brooklyn, New York, in 1900. They made and repaired food service and medical scales. The company was acquired by another scale manufacturer in the 1980s. It is still in business today as Detecto and makes many types of scales, mostly digital, for home and industrial use.

There are several varieties of the Detecto-Lette, including a version with an enamel coating and one with a wicker basket for a scale pan. There are collectors who specialize in antique scales, and antique or vintage baby scales are also sought as decorations for nurseries. For more information about yours, you may want to contact a collectors' club like the International Society of Antique Scale Collectors (isasc.org).

• • •

TIP: *A paper beer bottle label reacts to wet and dry like hair does. If the label is curled, cover it with water to wet the fibers, then dry it flat.*

• • •

CURRENT PRICES

Toy, car, roadster, open top, gentleman driver, cast iron, 1920s, 4 x 8 inches, $110.

Furniture, easel, artist's, oak, adjustable shelf, rectangular frame, H-shape stretcher, caster feet, France, early 1900s, 72 x 26 inches, $800.

Auto, sign, Quaker State Motor Oil, Ask For, round, green ground, white lettering, convex, porcelain, 24 inches, $1,320.

For more collecting news, tips and resources, visit www.Kovels.com

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MAGIC MAZE ● WARNINGS

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M K A I E G A T L O V H G I H
H L L E B M R A L A F E C O L
F B Z G N I M M I W S O N Y F

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally. Unlisted clue hint: SOUND FROM A PATROL CAR

Alarm bell	Foghorn	Mayday	Red light
Detour	High voltage	No swimming	SOS
Fire alarm	Labels	Pain	Whistle
Flares	Lighthouse	Red flag	

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GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

- answers page 7

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	+		+	= 16
-		+		-	
	+		+	= 11
×		+		×	
	-		+	= 10
= 24		= 13		= 48	

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Paw's corner by Sam Mazzotta

Don't forget your pets: Hurricane prep that could save their live

DEAR PAW'S CORNER: I live in Florida, and each year I check and replenish my "hurricane kit." This is a system I put together that my wife and I can grab and throw in the car, and it includes necessities and key documents for the two of us, AND our two dogs. Because your pets need to come with you in an evacuation.

Thirty-four years ago, as a teenager, I survived Hurricane Andrew. Our entire neighborhood was destroyed. In the aftermath, I saw so many lost pets wandering through the wreckage and debris. Several days passed before those pets were collected by rescue groups. Many more pets did not survive. I pledged right then that I would never leave pets behind when a hurricane approaches.

Please tell your readers to include their pets in emergency evacuation plans. -- *Carter D., Homestead, Florida*

DEAR CARTER: You told them, and I agree. Even if you live in an area that is not affected by hurricanes or wildfires, having an emergency evacuation kit and a plan is absolutely essential. And that plan includes your pets.

When planning your kit, list your pets and what each of them needs should you have to put them in the car and flee. What foods do they eat? Which snacks are their favorite? Do they have to take medications?

The kit should include an extra collar and leash for each of your furry pets. Copies of their veterinary records and vaccinations are essential; you may need them to access a shelter or a hotel room. A first-aid kit just for your pets should be included.

Keep this kit next to your pets' carriers. Make a plan for leaving quickly and rehearse it at least once to work out the kinks.

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Stack Caprese Salad With Couscous in a Tin Can

When it's time to prep a dinner meal this week, get your kids stacking the green, white and red layers of fresh basil, mozzarella and tomato. If they say that their culinary creation reminds them of winter's Christmas colors, guide them to a photo of the tricolor green, white and red Italian flag. You'll be on a fresh course into a new season of the year • and globally for that matter! This fun-to-make version using a surprise ingredient • couscous • is a tasty spring and summertime twist on Italy's traditional caprese salad.

I've always believed in using the right tools for the right job. In this recipe, it's four recycled aluminum cans. Once you've removed the labels and both ends of the four 7- to 8-ounce clean cans (I used 7-ounce diced green chilies cans and made sure that there weren't any sharp edges), gather the following ingredients to create a fancy-looking presentation:

STACKED CAPRESE SALAD WITH COUSCOUS

- *Four aluminum 7- to 8-ounce cans with both ends removed*
- *Nonstick cooking spray or olive oil*
- *2 medium ripe tomatoes, cut into 1/4-inch-thick slices*
- *1 cup cooked couscous mixed with 2 tablespoons Italian dressing or prepared pesto*
- *8 slices fresh mozzarella cheese*
- *Fresh basil leaves*
- *Parsley fora garnish (optional)*
- *Balsamic vinegar*

Spray with nonstick spray, or lightly wipe oil in the interior of the four cans. Set each can on end on a salad plate.

Trim the tomato and cheese slices to fit the interior of a can, then stack the individual portions in layers inside the can as follows: a tomato slice, 2 tablespoons of the couscous mixture, and a cheese slice. Repeat.

Cover with plastic wrap and press down on the stack gently with a jar or can that is slightly smaller than the opening of the can.

Remove wrap and slowly lift the can to reveal the layered salad. To serve, garnish with a fresh basil leaf or a sprig of parsley. Drizzle balsamic vinegar to taste.

• • •

Donna Erickson creates relationships and community through food and fun. Find more to nourish and delight you at www.donnaerickson.com.

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FiveSpot™

answers on page 7

Home entertainment

P	O	R	C	H

Outdoor gathering place

"Lofty assemblage"?

African megafauna, briefly

Fab percussionist

Squeeze the water out

Glenn Miller genre

Solve each row by replacing one letter from the answer above or below and scrambling to make a new word. When complete, the top and bottom words will have no letters in common.

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TIDBITS WORD POWER

- answers page 7

Unscramble this word:

IANUTBDRO

Also known as "raw sugar," it's a type of sugar with a coarse texture and light caramel flavor

What Is the Correct Amount of Water Humans Should Drink?

DEAR DR. ROACH: Please write about the correct amount of water that people should drink. There's so much misinformation! -- E.N., MD

ANSWER: There's so much misinformation because a simple answer like "more is always better" is easier than a nuanced answer. It depends on your age, activity level, the temperature and humidity, any medications you might be taking, and whether your kidneys have any issues. However, the simplest answer, which is true for most people, is that your body has a built-in system called the thirst reflex to make sure that you're getting enough fluid. There are only a few times when you should override this system.

The most important exception is in older people who sometimes have a decreased thirst mechanism. This is particularly the case in people who live in long-term care facilities or those who have physical or cognitive disabilities. As such, reminders to drink a reasonable amount (1.6 liters or about seven 8-ounce glasses for women; 2 liters or eight 8-ounce glasses for men) of all liquids during the day can be helpful. (Alcohol, of course, isn't helpful and can be harmful to a person's fluid status.)

People who are taking diuretics don't need more water. In fact, excess water drinking while on most diuretics can lead to abnormally low sodium levels. Another way to tell if you're getting enough water is the volume and concentration of your urine. People should generally void every few hours, and the color of the urine shouldn't be dark.

Needing to urinate less frequently or having concentrated urine should be an indication for a person to drink a few glasses of water.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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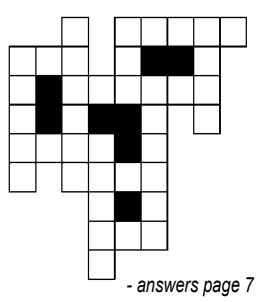
FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

RFU
NAVTDE
OYGFO
NTGO
NARVLE
♥ODT
ODGL
♥ATYOD
♥ADG
ANTHUG
RFGEO
TFNO



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- answers page 7

Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

Now here's a tip!

by Jo Ann Derson

• "Clean and save takeout food containers rather than purchasing commercial plastic containers. They are all the same basically, and you will not be at a loss if you need to throw one away, leave it behind or send leftovers home with a guest." *-- M.W. in Nevada*

• To preserve your battery life on your smartphone, remember to close out applications that you are not using. Shut down and restart your phone from time to time as well.

• "Got too many coffee cups? Add potting soil and a small flower to give as gifts to brighten someone's day!" *-- B. in North Carolina*

• In a pinch, you can use liquid correction fluid to cover up nail holes in a white wall. Dot and smudge as it dries.

• "After you clip the coupons you want to keep from your Sunday paper inserts, pass them along to your neighbors. They may use different products and so may want your coupons!" *-- I.L. in Georgia*

• Want to eat your nine servings of fruits and veggies a day? Keep fresh fruit out and in view to increase the amount you eat. Cut and otherwise prepare vegetables and store them front and center in your refrigerator. Plan your meals around the vegetables instead of the protein!

Send your tips to Now Here's a Tip, 1800 Pembrook Dr., Suite 300, Orlando, FL 32810.

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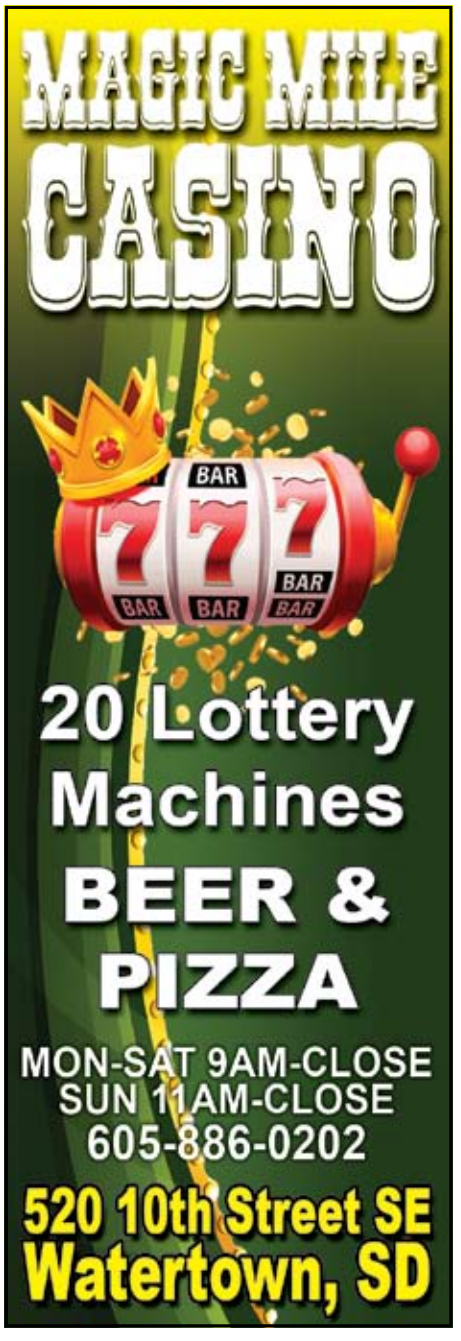

Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Pearl gatherer	__ __ V __ __	Eatery	__ __ N __ __
2. Easter hat	B __ __ __ __ __	Fixed verse	S __ __ __ __ __
3. Provide food	__ __ T __ __	Prank	__ __ P __ __
4. Sheen or Dean	__ __ __ T __ __	Border	__ __ __ G __ __
5. Baby-bringing bird	__ __ __ R __	Run-of-the-mill	__ __ __ C __
6. Agriculturalist	__ A __ __ __ __	Previous	__ O __ __ __ __
7. Negative amount	__ I __ __ __	Lists of food options	__ E __ __ __
8. Group of grapes	__ U __ __ __	Park chair	__ E __ __ __
9. Blaze	__ __ __ M __	Snow particle	__ __ __ K __
10. Beat up old car	__ __ __ __ __ R	Excursion	__ __ __ __ __ T

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- answers page 7

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Just Like Cats & Dogs by Dave T. Phippe

Fun Fact

Bananas are radioactive — yes, really! They contain potassium, and a small fraction of it is naturally radioactive. But relax: You'd have to eat about 100 bananas in a single day just to match the radiation your body already absorbs from the world around you.

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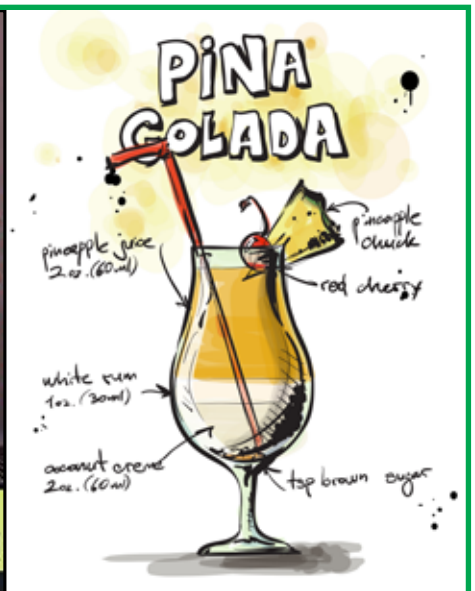
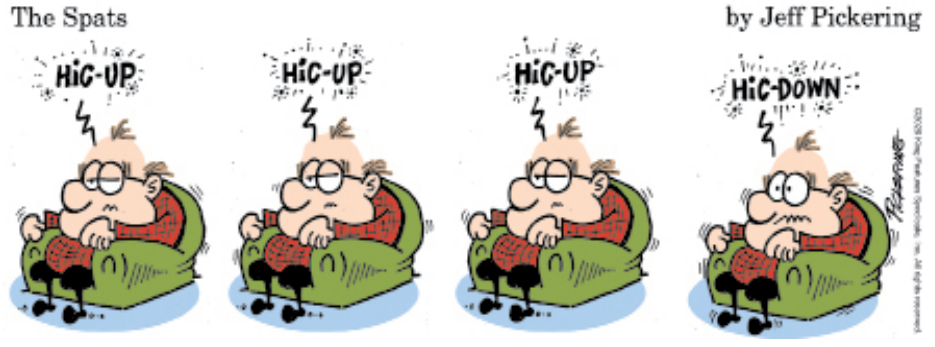


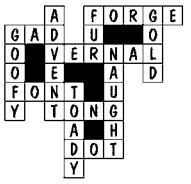
Amber Waves

by Dave T. Phipps

The Spats by Jeff Pickering



FEAR KNOT answer



WORD POWER ANSWER

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P	O	R	C	H
C	H	O	I	R
R	H	I	N	O
R	I	N	G	O
W	R	I	N	G
S	W	I	N	G

TRIVIA ANSWERS

1. Blossom, Buttercup and Bubbles.
2. Indian Ocean.
3. 2,026.
4. Olivia Dean.
5. Hawaii.
6. "Double Indemnity."
7. 10, five from each team.
8. The Sun's solar winds and magnetic fields create a protective bubble around our solar system.
9. The study of flags.
10. Charles I in 1649.

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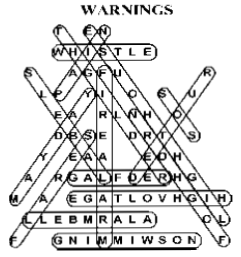
WARNINGS



King Crossword Answers

Solution time: 23 mins.

E	R	I	C			D	O	H		R	A	S	P
D	A	S	H			E	R	A		A	R	T	I
A	R	I	A			M	E	N	I	S	C	U	S
M	E	N	T	H	O	L		R	H	O	D	A	
			I	A	N		B	O	A				
M	E	R	Y	L		M	E	N	D	I	N	G	
O	V	A			W	A	C			G	U	M	
M	E	N	T	E	E	S		G	H	A	N	A	
			A	L	E		P	I	A				
S	M	A	S	H		M	E	N	C	K	E	N	
M	E	N	T	I	O	N	S		K	A	Y	E	
O	T	O	E		R	O	T		E	T	R	E	
G	L	N	S		A	P	O		H	L	L	D	

Go Figure! answers

5	+	2	+	9 = 16
-		+		-
1	+	7	+	3 = 11
×		+		×
6	-	4	+	8 = 10
= 24		= 13		= 48

Even Exchange answers

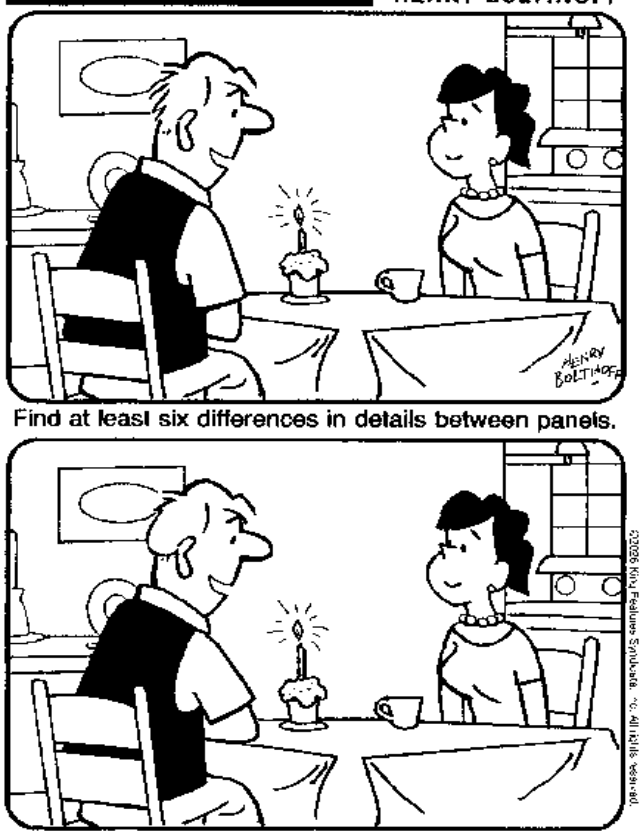
1. Diver, Diner
2. Bonnet, Sonnet
3. Cater, Caper
4. Martin, Margin
5. Stork, Stock
6. Farmer, Former
7. Minus, Menus
8. Bunch, Bench
9. Flame, Flake
10. Junker, Junket

Weekly SUDOKU Answer

3	8	9	4	1	6	7	2	5
4	5	2	3	7	8	9	1	6
7	6	1	5	2	9	4	3	8
5	3	8	1	9	2	6	4	7
2	1	6	7	4	5	8	9	3
9	4	7	8	6	3	2	5	1
8	9	5	6	3	4	1	7	2
1	2	3	9	8	7	5	6	4
6	7	4	2	5	1	3	8	9

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Candle is taller. 2. Arm is resting on table. 3. Back of chair is different. 4. Dial on stove is moved. 5. Light is shorter. 6. Hair is different.

Strange BUT TRUE

By Lucie Winborne

• Police officers in Thailand can be forced to wear Hello Kitty armbands as punishment for transgressions such as illegal parking or arriving late to work.

• Historians cite runaway inflation as a major cause of ancient Rome's fall.

• During World War II, the SS ran a wiretapped brothel named "The Kitty Salon" in Berlin where prostitutes would glean information from clients through seemingly innocuous conversations.

• "Hoover wagons," named after President Herbert Hoover, were broken down cars pulled by mules during the Great Depression.

• Actor Jimmy Stewart was rejected by the military after he was drafted, for being too thin.

• When Napoleon attacked Vienna in 1809, Beethoven hid in his brother's basement and covered his ears with pillows, afraid the noise would destroy his remaining hearing.

• The FIFA World Cup is the world's most-watched sporting event.

• Most tornadoes in the Southern Hemisphere rotate clockwise, while their Northern Hemisphere counterparts rotate counterclockwise.

• When serving as a lawyer, Abraham Lincoln only argued one case in front of the U.S. Supreme Court -- which he lost.

• In ancient Egypt, chief embalmers often wore a mask of the god Anubis.

• Soccer is known as "football" everywhere except America. The name refers not to the fact that it's played with the feet, but that it's played on one's feet, rather than on horseback.

• About two-thirds of the world's lowest literate adults are women.

• Before the year 1000, all chess pieces were male figures or animals. The queen made her debut when the game was introduced in southern Europe.

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The Garden Bug

Prairie Sunflower

Found throughout North America, this plant has had many uses in native American culture. Parts of it have been used as a food source, to make medicine for skin ailments and insect bites, and to make face-paint for ceremonies. The vigor of these plants in an area was seen as an indicator of whether the area sustained enough rainfall and could support crops.

- Brenda Weaver

Source: herb.umd.umich.edu

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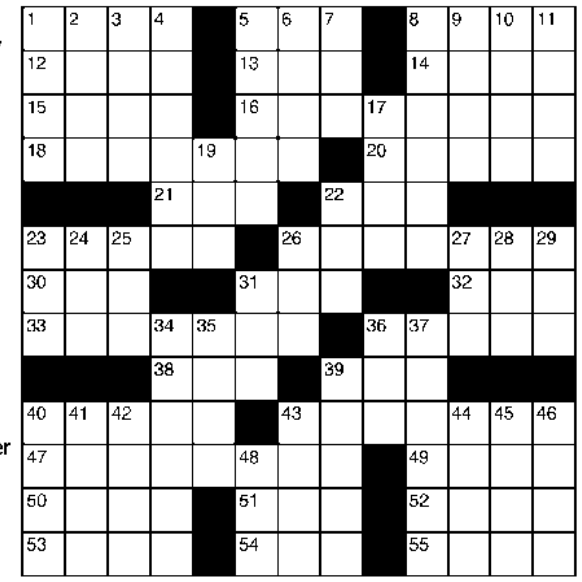
King Crossword



ACROSS

1 Idle of Monty Python
5 Homer's lament
8 Grate
12 Sprint
13 Geological period
14 Intro studio class
15 Met melody
16 Knee cartilage
18 Cough drop flavor
20 Valerie Harper sitcom
21 Light brown
22 Fluffy neckpiece
23 Streep of "The Post"
26 Patching up
30 Lab eggs
31 Witty one
32 Wrigley product
33 Proteges
36 Accra's country
38 Stein filler
39 Zadora of "Hairspray"
40 Huge success
43 H.L. — (The Sage of Baltimore)
47 Cites
49 Comic actor Danny
50 Oklahoma tribe
51 Nonsense
52 French 101 verb
53 Military VIPs
54 GI's address
55 Marsh plant

DOWN

1 Dutch cheese
2 Exceptional
3 "The doctor —"
4 Talkative
5 Fiend
6 Pitcher Hershiser
7 Solo in space
8 Actress Phylicia
9 With the bow, musically
10 Poker type
11 Galileo's birthplace
17 Pressing need
19 Actor Linden
22 Plead
23 Soccer —
24 Prior night
25 Campaigned
26 More, to Manuel
27 Polish tennis star Swiatek
28 Convent head
29 "Today" rival, briefly
31 Pint-sized
34 Flavors
35 K thru 12
36 Tom Collins liquor
37 Website invader
39 Green sauce
40 Urban haze
41 Apportion
42 Shortly
43 L-Q bridge
44 Designer Spade
45 Literary Jane
46 Must have
48 British singer Rita

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