

Free Fun Take One

October 13, 2020

LOCALLY OWNED & OPERATED

FREE TIDBITS

of THE LAKE AREA™
The NEATEST Little Paper Ever Read.™

ON TARGET
See Pages 4 & 5

Over 4 Million Readers Nationwide

October 13, 2020
Volume 9 • Issue #05

Serving Northeast South Dakota & West Central Minnesota • Advertising Information 605-924-1514 • Lynette@LakeAreaTidbits.com

WE SELL USED CARS & TRUCKS
SUVs • VANS
MOTORCYCLES

KRANTZ MOTORCITY.com

WATERTOWN, SD
221 10th Street SW • Watertown, SD

We are an authorized dealer • Call for more info!

Sizes from 8'X8' to 16'X40'

• FREE Delivery & Setup
• BUY or RENT TO OWN

OLD HICKORY BUILDINGS

Ask For JAKE: 605-886-2714
Email: jake@krantz.com Cell: 605-881-7763

LAUGH-A-BIT-WITH-TIDBITS

Q: Which bird has the worst manners?
A: Mocking birds!

Q: Do you know what a clean desk is a sign of?
A: A cluttered desk drawer!

Q: Did you hear about the terrible psychic?
Yep, she got fired and she never saw it coming!



TAKEOUT ORDERS - 605-795-3351

FRIDAY SPECIAL: OCTOBER 16TH

CHICKEN STACKER
with Choice of Potato

HOME COOKED

SATURDAY NIGHT SPECIAL: OCTOBER 17TH

RIBS Baked Beans
Potato Salad
and Toast

117 E. Chicago Ave • Goodwin, SD
(1 Mile South of Hwy 212) • 605-795-3351 • DINE INTAKE OUT
OPEN: Mon, Tues, Thurs, Fri @4PM
Sat & Sun @Noon • Closed on Hump Day (Wed)

KEYS! KEYS! KEYS!

Complete Locksmith Service
Since 1980

Chuck's LOCK & KEYS

103 W. Kemp Ave., Watertown, SD
605-886-2608

Across from GSI Thrift - Look For the GOLD KEY.

TIDBITS® EXAMINES

THE LUNGS

by Kathy Wolfe

Take a deep breath as Tidbits informs you about your lungs in commemoration of National Lung Health Day on October 19.

- The function of your lungs is to extract oxygen from the atmosphere and transfer it into the bloodstream, while releasing carbon dioxide from the bloodstream out into the atmosphere. As you breathe in and your lungs expand, they pull air into the body. When they contract, carbon dioxide, a waste gas is expelled. The lungs don't pump the air in and out, as they don't have the muscles to do so. That process is completed by the diaphragm and rib cage. During heavy exertion, some accessory muscles in the neck and abdomen are called in to assist.
- The lungs are located within the rib cage for protection, and are connected to the spinal cord at the back and the chest bone at the front.
- The air that is drawn in by the body travels down the throat and into the windpipe, or trachea. The trachea then divides into smaller pathways, the bronchial tubes, which in turn go into each lung. The air sacs inside these tubes, 480 million to 600 million in all, are known as alveoli.
- Infection in the lungs is combated by tiny immune cells located in the alveoli sacs. The function of these cells, known as macrophages, is to gobble up germs before then can create an infection. There are also cells that act as defense mechanisms to protect your body from pollution and contamination by producing mucous that guards against dust and dirt.

continued on page 2

5 STAR Massage

Rochelle Hunter, LMT PN BA
1030 14th St. SE, Watertown, SD 605-880-4773

You Deserve It!

Call today or
Schedule online at...
www.fivestar.massagetherapy.com

"Keeping Ron's Memory Alive!"

Ron's Equipment Painting, Inc.

501 WEST 12TH AVE., MILBANK, SD 57252
KIM BJERKE and RYAN OLIVER
605-432-7972
HOURS: MON.-THURS
6:30AM-5PM

CALL US FOR ALL YOUR
SANDBLASTING, BEDLINER,
UNDERCOATING AND
PAINTING NEEDS.

WE CAN ALSO WASH
OUT YOUR TRAILER
IN OUR TRUCK WASH BAY.

WANT TO PUBLISH A TIDBITS® IN YOUR AREA?

We provide the opportunity for success!

Call 1.800.523.3096 (US)

www.tidbitsweekly.com

Peddler's Market

Looking for an AFFORDABLE SPACE?

Peddler's Market has the SPOT FOR YOU,
Starting at ONLY \$55/MONTH...
NO CONTRACT!! Stop & See Us TODAY!!
OPEN 7 DAYS A WEEK!

109 9th Ave SW • Watertown, SD • 605-878-1180
Mon-Fri 10am-6pm • Sat 10am-5pm • Sun Noon-4pm

Mikey's Bar & Grill in New Effington, SD

**CHICKEN, RIBS OR PLUS...
BEER-BATTERED SHRIMP** Baked Potato & Coleslaw

FRIDAY, OCTOBER 16TH • 5:00-8:00pm (or gone)

TAKE OUT or DINE IN

WINGS-N-TOTS f
WEDNESDAYS 5:00-8:00

TAKE OUT ORDERS
Call 605-637-5291

Call Brenda today to visit about your future catering needs!
(605) 637-5291 or Brenda's Cell: (605) 742-4636

PHCC
PLUMBING HEATING COOLING CONTRACTORS ASSOCIATION

Service and Mechanical Contracting Since 1957

ANDOR, INC.

Taecker Plumbing and Heating

"The business that service built"

Visit Our Retail Store

Dakota BAIL BONDS

One Call Puts You...
...Back with your family!
...Back to work!
...Back in your OWN underwear!

OWNER: MARTY MACIEL
707-334-2981
Serving ALL of South Dakota!

WE GOT YOUR BACK!

WATERTOWN----605-886-6883
ABERDEEN----605-229-8181
SELBY----605-649-6244
HURON----605-352-2122

SIoux FALLS----605-338-2499
BROOKINGS----605-692-1330
RAPID CITY----605-342-0002
STURGIS-SPEARFISH--605-347-0268

BONDING SERVICES Available in ALL 50 States!
707-334-2981

WE BUY GOOD USED CARS

2010 or Newer • Under 100,000 Miles

SHARP Automotive

Call Us or Stop In If You Are Interested.
Ask for Bently

605-886-8081
West Hwy. 212, Watertown, SD

COMMUNITY CORNER

Thrift Store Shopping with a Purpose

Mon-Fri 10-6 • Sat. 10-5 • Sun. Noon-4
Corner of 212 & Broadway, Watertown, SD (605) 878-1181
THRU OCTOBER 20TH ONLY

1/2 OFF* ALL GLASSWARE

1/2 OFF* Swim Wear Shorts and Capris

*Some Exclusions May Apply. See Store For Details.

the up side of downs
VIETNAM VETERAN
alzheimer's association
Waterfront Area Transit
Habitat for Humanity
STRONGER
VIETNAM VETERAN

WE BUY GOOD USED CARS

2010 or Newer • Under 100,000 Miles



Call Us or Stop In If You Are Interested. Ask for Bentley

605-886-8081

West Hwy. 212, Watertown, SD



GRANDMA'S Thrifty Hideaway

25% Off Halloween Items NOW until October 31st!

Some exclusions may apply! See store for details!

135 Second St. NW (Main Street), Ortonville, MN
Hours: M-F 10-4 • Sat 10-2 • 320-305-1066

MELVEE'S BAR & GRILL

HELP WANTED!

STOP IN AND SEE US TODAY!!

107 3rd Ave. S • Clear Lake, SD • 605-874-8175

NOW OPEN Take A Break at...

Senor Max's

Mexican & American Food

Watertown Mall

\$2 OFF ANY APPETIZER

with purchase of \$15 or more. Expires 10/31/20

MUST PRESENT COUPON WHEN ORDERING. NOT VALID WITH ANY OTHER OFFERS.

605-882-3252 Mon-Sat 11 am - 9 pm • Sun 11am - 3pm

continued from page 1

- The pair of lungs is not symmetrical, that is, they are not identical to each other in balanced proportion, mirroring each other. The right lung is slightly larger than the left, containing three segments, or lobes, while the left has only two. Although the right lung is wider, it's also a little shorter in order to accommodate the liver, while the left lung is narrower to make room for the heart.
- The combined weight of an adult's lungs is about 2.5 lbs. (1200 grams), of which nearly half is blood. Not much weight, but their area is very large – if they were totally spread out, they would cover the surface area of a tennis court.
- Every minute, the average adult takes between 15 and 20 breaths, about 20,000 a day. That number is affected by strenuous activity and even by any stress you might be under. Babies breathe faster, with a newborn's normal rate about 40 breaths a minute.
- Speaking of babies, while the baby is still inside the womb, the lungs are filled with amniotic fluid. During labor, the mother's body releases chemicals that help the baby's

lungs push out the fluid, and further fluid is released from the pressure of the birth canal on the infant's chest. The baby then coughs, which rids the lungs of any remaining fluid and fills their lungs with air. The baby's lungs develop in the last two weeks of pregnancy.

- Male lungs typically hold more air than female lungs. At rest, a man's lungs hold around 1.5 pints (750 cubic centimeters) of air, compared to a woman's capacity of about 0.7 pints (331 cc).
- Lungs are controlled by the brain, which tells the lungs how much to inhale or exhale. The average person breathes in about 13 pints of air every minute. The body uses just 5% of oxygen that is inhaled, with the remainder being exhaled. And every hour, we exhale 1.15 tablespoons (17 ml) of water.
- Your lungs aren't just filled with air. About 9% of the total blood of the circulatory system, approximately 15.2 oz. (450 ml) is contained in the lungs.
- Deep breaths are beneficial to your health! If you're in pain or under stress, breathing deeply into your lungs can ease the effects of both. This activity also aids the practice of meditation and yoga. Shallow breathing creates an accumulation of carbon dioxide. The body attempts to draw in more oxygen to remove the buildup by the simple process of yawning! However, high levels of CO2 can create more serious effects that may require medical attention, such as drowsiness, tremors, dizziness, and headaches. Obesity and sleep apnea can be contributors to the buildup of CO2.
- Many people live a healthy life with just one lung. Because each lung is surrounded by its own membrane sac that separates it from the chest wall, when one lung is damaged, the other can go on working. There might be a few difficulties while exercising or doing strenuous activities, but generally, there is little effect. If part of one lung is collapsed or surgically removed, the remaining lung will take up the space.
- What happens when lungs don't work right? More than 25 million Americans and 235 million worldwide have asthma, a chronic lung disease in which the air passageways

C-Store Clear Lake Toronto Hendricks
874-2431 874-2428 794-4861 275-3559

FAX 794-4961



Truly Cooperative

Charlie's Tips!

It is National Fire Prevention Month! Do you have a fire escape plan for your family and home? Have you checked your smoke detectors lately? What? You don't have one?... well stop on by and we can help you pick out the perfect one for your home!



605.698.3421

1520 SD Hwy 10 - Sisseton, South Dakota



become inflamed and swollen, tightening and narrowing so that air flow is slowed down, making it hard to breathe, and creating wheezing and tightness of chest. Many things can trigger an asthma attack, including allergens, exercise, smoke, pollution, or infection.

- Lung cancer is the number one cause of cancer deaths in the U.S. for both men and women. It's no surprise that the leading cause of lung cancer is smoking, due to the high amounts of tar left in the lungs. About 80% of lung cancer deaths are the result of smoking and a smoker is 15 to 30 times more likely to get it than a non-smoker.

continued on page 3

BIG STONE CITY MUNICIPAL LIQUOR STORE

Open 9am - 12am M-Tues • Wed-Sat 9am - 1am • Closed Sunday

HAPPY HOUR Mon-Thurs 4pm-7pm

WEEKLY SPECIALS - October 12-17

MARGARITA THURSDAYS OFF SALE

\$3.50 Coors Light 24 pack tax included \$20.00

4pm - 7pm McMasters \$14.35 1.75 Liter Plus Tax

HAPPY HOUR & WEEKEND DRINK SPECIALS

Coors Light & McMasters drinks \$2.25

MAIN STREET • 605-862-8166

BIG STONE American Legion

OPEN TO THE PUBLIC

- THURSDAY TACO NIGHT**
- FRIDAY & SUNDAY BAR BASKETS**
- SUNDAY AFTERNOON MEAT RAFFLE**

Big Stone City, SD • 605-862-8310
OPEN: M-F at 3PM, Sat. at Noon, Sun. at 11

Headquarters Bar

Dining Room Open at 50% Capacity

CURBSIDE SERVICE STILL AVAILABLE Call 320-748-7358

FULL MENU OPEN 11am-CLOSE

FULL BAR PIZZA SERVED 11am-11pm
MENU ITEMS served from 11am-2pm and 5-10pm Tuesday-Sunday

320.748.7358 • 317 Studdart Ave. • Graceville, MN

Dean's Heating & Cooling L.L.C.



It's Hard To Stop A Trane.®



can or rely on.™

Dean Kovarik, owner

14291 SD Hwy. 109 Phone 605-862-8528
Big Stone City, SD 57216 Cell 605-467-0301

Big Stone City BOOKENDS CANCER TEAM upcoming happenings.....

CARDS-for-CAUSE is a set of thirty greeting cards in a box that can be ordered. The team will earn money towards helping cancer patients in our local area. For details, email jrenaek@hotmail.com or call 320.815.7019.

The team is also planning a **TAKE-AND-BAKE LASAGNA** on Tuesday, October 13. There will be 8x8 size pans, and 9x13 sized pans made by team members. These pans of LASAGNA will be fresh, not baked. You pick up at the BIG STONE CITY COMMUNITY CENTER between 5 and 7 pm on Tuesday, October 13 and take home to bake yourself or freeze. To order a pan, email jrenaek@hotmail.com or call 320.815.7019 by October 9.

GROCERY STORE SPECIALS

BASKET STORE & CASINO

Busch Light 30 packs **ONLY \$17.99**

Old Milwaukee Keystone 30 packs **ONLY \$15.49**

40% Cans of POP

\$1.25 BEER can or bottle

Main Street Big Stone City, South Dakota (605) 862-8605

CHECK OUT OUR CASINO SPECIALS

FREE COFFEE & POPCORN

MacDaddy's

On The Main Drag in Big Stone City, SD

757 Main Street, Big Stone City, SD • 605-862-8253

- * Premium Fuel * 24-Hour Pumps
- * Scratch Lottery * Ice * Snacks * ATM Machine
- * Hot & Cold Sandwiches to go

Convenience Store Hours are 5am-10pm

MAGIC MAZE ● — NAME

K T Q N K H D A X U R P C M J
G D A X V (HOUSEHOLD)
S Q N K I F E D A X M V T E Q
O M J H F C A G Y P W U M I R
P N L J H F B R A N D U N R D
B Z X G I V E N E T S V I R F
T R Q O M K Y I O S S H A A F
D B Z Y N E D I A M U W M M V
T R Q O D E L D D I M I O N L
K I H O F D C I A Z L O D X W
V U C S R Q O N F Y M K C I N

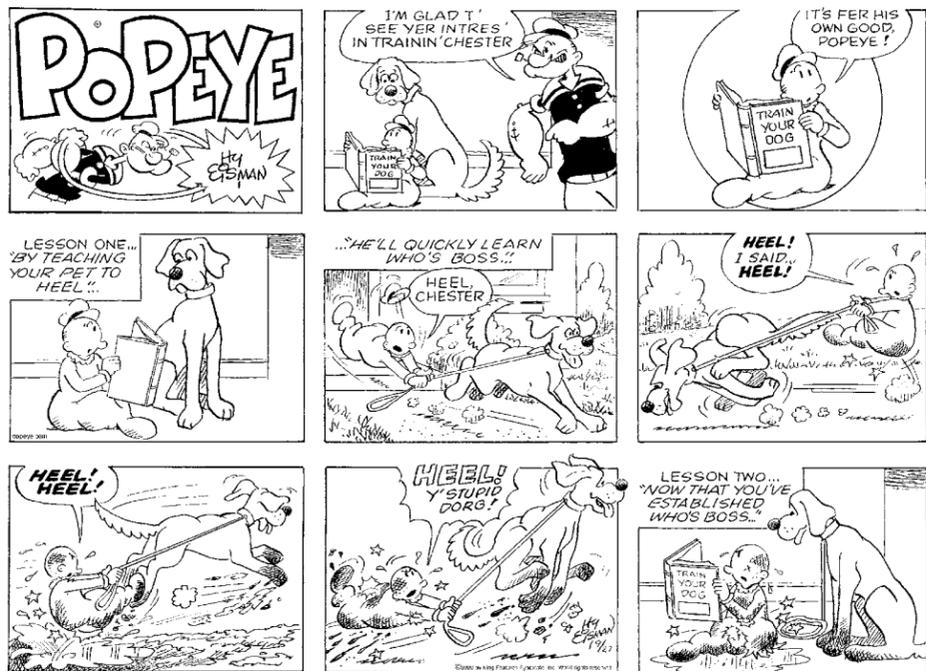
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: A NAME GIVEN TO A PRODUCT

Assumed Code	Domain Family	Household Maiden	Nick Stage
Common Company	File Given	Married Middle	User

answers on page 7

©2020 King Features Syndicate, Inc. All rights reserved.

POPEYE brought to you courtesy of ANDOR, INC, Watertown, SD



Reader Contest: "GONE HUNTING"

PAGE'S PLACE Cafe & Grill
Watertown, SD

The Everything Zen
Watertown, SD

FIND THE THREE (3) BUCKS (pictured to the right) in advertisements in this issue and enter to win a \$25 Gift Certificate for PAGE'S PLACE CAFE & GRILL in Watertown, SD and a 25 MINUTE REIKI SESSION from THE EVERYTHING ZEN in Watertown, SD.

This is exactly what you are looking for, only smaller...

... like this one

EACH WINNER RECEIVES A FREE "THE WORKS" CARWASH FROM DUTCH BOY CAR WASH in WATERTOWN, SD
ENTRY DEADLINE FOR October 13, 2020, Volume 9, Issue #05 IS THURSDAY, Oct 22, 2020, 4PM

DEADLINE FOR October 6, 2020, Volume 9, Issue #04 is Thursday, Oct 15, 2020 - 4 PM, SEARCHING FOR: (3) RAKES

\$25 Gift Certificate for Stockman's Family Restaurant in Watertown, SD and a \$25 Gift Certificate for Ange's Attic Thrift Store in Watertown, SD.

Dutch Boy Car Wash

Angel's Attic
Watertown Mall
STOCKMAN'S FAMILY RESTAURANT

Enter Only Once Per Contest

HOW TO ENTER:
RECORD THE 3 LOCATIONS AND SEND VIA...
MAIL: Reader Contest (Vol & Issue#)
P.O. Box 313, Big Stone City, SD 57216
WEB: www.LakeAreaTidbits.com
Click On Reader Contest
EMAIL: Sean@LakeAreaTidbits.com
ENTRY DROPOFF: 100 South Maple St., Ste. 106, Watertown, SD 57201
BY APPOINTMENT
PRIZES ARE MAILED WITHIN 2-3 WEEKS OF WINNING. NO SUBSTITUTIONS.

WINNER for Sept. 29, 2020, Volume 9 Issue #03:
Robert Werner, Watertown, SD
SEARCHING FOR: (3) PHEASANTS
PRIZE : Gift Certificate for 10 Wings with Tots at Mikey's Bar & Grill in New Effington, SD and Four Free Combo Meals for Hardee's in Milbank, SD.

Locations for Sept 29, 2020 (v9 #03)
#1: Ron's Equipment Painting, Milbank, SD, page 1
#2: The Everything Zen, Watertown, SD page 8
#3: Wilmot Foods, Wilmot, SD, page 11

Hardees
Milbank, SD

Mikey's Bar & Grill
New Effington SD

COMPUTER

3 SOUTH BROADWAY
WATERTOWN, SD 57201
(605) 886-4077
dan@computerdans.com

Help Me Dan!

LAPTOP: SALES, SERVICE & SCREEN REPAIR
HOME COMPUTER: SALES, SERVICE, REPAIR & UPGRADES
VIRUS/SPYWARE REMOVAL
NETWORKING SERVICES
CUSTOM BUILT MACHINES • GAMING SYSTEMS

TIDBITS CLASSIFIEDS

BOOKS

ddr Books
7 South Maple Street,
Watertown, SD. Call us
today for book mailing
and delivery options!
605-878-0418

HELP WANTED
All positions; cook, waitress, bartenders, maintenance/custodian. Experience preferred, must be 18 years or older.
High Mountain Supper Club
Altamont, SD
STOP IN TO APPLY
605-874-2620

REAL ESTATE / RENTALS

FOR RENT: Browns Valley - Valley Vista. 1 bedroom Apt. Heat/Water/Trash. Rent based on income. Equal Housing Opportunity. (320) 500-0946 or (270)-354-6446

Baker Wanted
Experience preferred but not necessary.
Inquire at
Rosalie's Restaurant
Sisseton, SD
606-698-7401

WE BUY GOOD USED CARS

2010 or Newer • Under 100,000 Miles

SHARP Automotive

Call Us or Stop In If You Are Interested.
Ask for Bently

605-886-8081
West Hwy. 212, Watertown, SD

HELP WANTED

HELP WANTED AT MELVEES IN CLEAR LAKE!!
FLEXIBLE HOURS!!
APPLY IN PERSON!

Holidays & Observances This Week

10/18 Alaska Day
10/19 Elevate Your Life Day
10/20 I Love Yarn Day
10/21 National Apple Day
10/22 Eat A Pretzel Day
10/23 Canning Day
10/24 Mother-In-Law Day

continued from page 2

• COPD, a progressive lung disease, makes breathing difficult due to excess mucus and/or degeneration of the lungs. As with lung cancer, the most common cause of COPD is smoking, with 80% to 90% of its deaths attributed to smoking. Some people who suffer from COPD have genetic factors or have been exposed to heavy air pollution or workplace dust, chemicals, or fumes. There are several different types of COPD, including chronic bronchitis, which is the inflammation of the bronchial tubes, and emphysema, which occurs when the tiny alveoli sacs are destroyed.

• Just because you have to cough doesn't mean your lungs have a problem. Lots of things cause coughing and the average person normally coughs about 10 times a day.

Tri-County Coop C-Store & Deli

On The Junction of State Hwys 75 & 28 • Graceville, MN
24 HOUR PUMPS • 320-748-7187

Caribou COFFEE

COOPER'S EXPRESS

WATERTOWN, SD

Local Authors Book Signings at ddr books
Saturday, October 24 from 2-4pm Axton Betz-Hamilton signing "The Less People Know About Us"

SOUTH 81 STORAGE

- Storage Units from 5X10 to 10X30
- 24 Hour Access
- Discounts & Snow Removal

Lester Fairchild, Mgr. 1902 5th St. SE (S Hwy. 81)
(605) 882-4687 Watertown, SD 57201

The Everything Zen

has a NEW Location!

101 West Kemp
Watertown, SD

*High Quality CBD Products!
*Loose Leaf Teas!
*Crystals, Incense & Sage!
*And MORE!
*Reiki and Meditation services as well!!

www.TheEverythingZen.com @theeverythingzen

The Flower Box

Jill Hennessy, Owner

Graceville • 320-748-7434
flowerboxthe@gmail.com
Hours: Monday-Friday | 9 a.m.-4 p.m.
(Weekends by appointment)

Arrow Paper Products Providing Paper, Point of Sale, and Card Processing

Best Pricing and Personal Agent
605-878-2200
716 West Kemp • Watertown, SD

Club 7-75

We Are NOW OPEN
FULL BAR • FULL MENU
RESERVATIONS WELCOME
(320) 273-2339

Located at the junction of Highways 7 & 75,
Just Outside of Odessa, MN (320) 273-2339

WELCOME TO THE MIDLAND PLAZA!!

100 S. MAPLE ST. • WATERTOWN, SD

RESIDENTIAL AND COMMERCIAL SPACE FOR LEASE IN THE HEART OF WATERTOWN!!

Call today for more info!
(605) 868-2738

TO SEE MORE FIND US ON FACEBOOK

MAGIC MILE

Casino Laundry Car & Pet Wash

We have WASH and FOLD service available

Located off East Highway 212
Watertown - Behind Exit Realty
605-886-3373 OPEN 8am to 9pm Daily

TIDBITS
ON TARGET
Special Hunting Section

DAKOTA
Pawn & Thrift
JEWELRY • GOLD
CLOTHING
TOOLS
ELECTRONICS
HOUSEHOLD ITEMS
FIREARMS
320 Veterans Ave. • Sisseton, SD
605-698-3010

KONES KORNER
COUNTRY STORE
18299 US Hwy 81
Castlewood, SD
605-793-2347
www.koneskorner.com
WINCHESTER
OVER 2500 GUNS IN STOCK!

The Hunt For Safety

By Craig W. Armstrong

If you're a seasoned hunter, you've probably heard all of this before, but a refresher course never hurts. If you're new to hunting, these tips might keep you safe. Take a moment to give this a read and avoid trouble on the game trail.

Humans have been hunting since the beginning of time, first for food and survival and currently for food and sport. Hunting is a way of life engrained in American culture, and many learn to do it at an early age. Because hunting involves firearms and bows and arrows, safety is important. Here are some tips to follow in the field.

When dealing with firearms, one rule applies above all else: **TREAT EVERY GUN AS A LOADED GUN.** Guns are deadly weapons and should be respected. They should never be pointed at something you do not intend to shoot. When you are ready to fire a gun, make sure you know what you are firing at. Never shoot at movement or sound. You can't un-fire the weapon, so make sure your target is not another person.

Next, consider the transportation of your weapon. Make sure the weapon's safety is on until you are ready to fire. As you walk the woods stalking your game, keep the barrel of the gun pointed down. At some point during your hunt, you will probably need to climb something. Never climb with your gun, even if the safety is on. Ask your hunting buddy to hold your weapon while you do your climbing. Then, have them hand back your weapon to you. Do the same for them.

Don't hunt alone. The wilderness can be a dangerous place. Accidents can happen and being alone can make matters worse. Should you choose not to hunt with a buddy, let someone know where you are going and when you expect to return.

It is a good idea to wear hunter's orange and bring along a first aid kit. An orange vest and/or pants will allow others to see you more easily. A first aid kit won't take up a lot of room and it's better to have one and not need it than to need one and not have it. Speaking of gear, make sure all your

HIGH MOUNTAIN
SUPPER CLUB & LOUNGE
WELCOME HUNTERS
OPEN AT 4 PM Wed - Sat
October 31st • Spooktacular Saturday
Doors Open at 4pm • Wing Buffet, Boo Beer, Darting for Apples, Costume Contest & Dart Tournament
Live Music by Neon Gypsy!
Grab your raffle tickets for the 2006 Harley Davidson Sportster Custom. All tickets must be sold. Proceeds to go to new parking lot.
WEDNESDAY WINGS NIGHT
75¢ Wings/13 Sauces & 2nd Taps
THURSDAY NIGHT
Smothered Ribeye
Steak Sandwiches
FRIDAYS All You Can Eat Fish
SATURDAY Prime Rib
605-874-2620
17530 SD Hwy 15 • Altamont • SD
(six miles north of Clear Lake, SD)
CATERING
Have a special event coming up or need some help with your Holiday Party??
Call us for catering needs.

2020 South Dakota Pheasant Season

Start: Oct 17, 2020

End: Jan 31, 2021

2020 Minnesota Pheasant Season

Start: Oct 10, 2020

End: Jan 03, 2021



WELCOME TO
Rosalie's
RESTAURANT, BAKERY & LOUNGE
HEARTY HOME-STYLE MEALS FOR HUNTERS!!
9 8th Ave E • Sisseton, SD • 605-698-7401
Open: Sun 8am-2pm • Mon-Wed 7am-2pm
Thurs-Sat 8am - 10pm
Black Hawk Lounge Hours: Mon-Sat 3pm-Close
Hunters Check Out Our Daily Drink Specials

gear, including your weapon, is in working order before you set out on your hunt.

Finally, don't drink and hunt. There will be plenty of time to have a few cold ones once the hunt is over. Once you fire the shot and drop the game, don't assume it's over. Check the animal and make sure it is dead. You don't want to wind up with a deer waking up in the back of your truck.

Hunting is a sport with a history like no other. It is truly something the whole family can enjoy. Just make sure you follow these safety rules and use common sense.

MAGIC MILE
Casino
Laundry, Car & Pet Wash
WASH & FOLD SERVICE
\$1.00 per pound
PET WASH
Starting at \$5.00
CAR WASH
Located off East Highway 212
Watertown - Behind Exit Realty
605-886-3373

MacDaddy's
On The Main Drag in Big Stone City, SD
757 Main Street, Big Stone City, SD • 605-862-8253
• Premium Fuel • 24-Hour Pumps • Scratch & Video Lottery • Cigarettes
• Ice • Snacks • ATM Machine • Hot & Cold Sandwiches to go
Convenience Store Hours are 5am-10pm
Huge Selection of Ice Cold Beer in the Beer Cave!

WELCOME HUNTERS!!
THE WAGON WHEEL
BAR & GRILL
 IN SUMMIT, SD

STOP IN AND CHECK OUT OUR DAILY DINNER AND DRINK SPECIALS!!

GREAT FOOD AND COLD BEER!!

102 SHERMAN AVE. • SUMMIT, SD
 (605) 467-9087
 HOURS: TUESDAY - THURSDAY 4-11 PM
 FRIDAY 4 PM - 2 AM • SAT NOON - 2 AM

Headquarters Bar
 Dining Room Open at 50% Capacity
 CURBSIDE SERVICE STILL AVAILABLE Call 320-748-7358

FULL MENU FULL BAR OPEN 11am-CLOSE
 PIZZA SERVED 11am-11pm
 MENU ITEMS served from 11am-2pm and 5-10pm Tuesday-Sunday

320.748.7358 • 317 Studdart Ave. • Graceville, MN

ORTONVILLE LIQUORS
Welcome Hunters!
 Stop In and Check Out Our Selection!

COLD BEER • WINE LIQUOR • ICE

786 US HIGHWAY 75 • ORTONVILLE, MN
 320-839-3139 • OPEN: MON-SAT 10AM-10PM • SUN: 11AM-4PM
 PLEASE DRINK RESPONSIBLY and DESIGNATE A DRIVER

Homestyle Meals at an Affordable Price!

PAGE'S CAFE PLACE
 MONDAY-FRIDAY 10AM-2PM
 SATURDAY 9AM-2PM
 MONDAY-SATURDAY 4PM-8PM
 SUNDAY 9AM-3PM

CARRY OUT & DINE IN AVAILABLE WEEKLY SPECIALS
 Tuesday & Wednesday Nights: **FRIED CHICKEN**
 Thursday Night: **PASTA NIGHT**
 Friday Night: **RIB NIGHT**
 Starting at 5:00 until gone

700 West Kemp Ave., Watertown, SD
 PHONE: 605-753-0151

Cooking with Tidbits Venison Chili

Ingredients
 3 tablespoons olive oil
 1 large onion, finely chopped
 3 cloves garlic, minced
 1 small hot green chili pepper, minced (optional)
 1 1/4 lbs venison, cut into 1/2 inch cubes
 3/4 lb ground venison (or ground pork)
 1 (28 ounce) can crushed tomatoes
 2 tablespoons tomato paste
 3 tablespoons ground chili powder
 2 tablespoons ground curmin
 2 tablespoons Worcestershire sauce
 1/2 teaspoon cayenne pepper
 1 large red bell pepper, seeded and chopped
 Salt & fresh ground black pepper
 1 (10 ounce) can red kidney beans, drained

Directions:
 1. Put all except beans into slow cooker on low for 4 hours.
 2. Add beans 1 more hour.
 3. Serve on a bed of rice, topped the grated sharp cheddar cheese, sour cream, salsa, avocados, and or more Chili peppers.

BIG STONE American Legion
WELCOME HUNTERS
 Stop In Every Thursday Night for Tacos,
 Friday Night for Bar Baskets &
 Sundays for Meat Raffle
 & Bar Baskets starting at 5pm

Big Stone City, SD • 605-862-8310
 OPEN: M-F 3PM-close, Sat. Noon-close, Sun. 11AM-close

Hunting For A Bargain?
Check Out These Fine Local Thrift Stores!

Peddlers Market
OVER 100 SMALL BUSINESSES UNDER ONE ROOF!
OPEN 7 DAYS A WEEK!

109 9th Ave SW • Watertown, SD • 605-878-1180
 Mon-Fri 10am-6pm • Sat 10am-5pm • Sun Noon-4pm

Jurgens Oil Company
Gas Station & C-Store

Sinclair
 Pop • Candy • Beer • Ice • Sandwiches
 Piccadilly Pizza • Fried Foods.
 Bulk fuel delivery • Body shop: 605-938-4279

Gas & Diesel
 Hwy 15 Wilmot • 938-4641
 Hours: Mon-Sat 6am-9pm • Sun 8am-9pm

Angel's Attic Thrift Store
 WATERTOWN MALL • (605) 878-2300

Annual Craft Show Oct. 17 & 18 "Pheasant Opener"
We Are All Stocked Up With Our Winter Apparel!!

Check Out All The FREE Items in the concourse outside our store!
Stop In And See Our Christmas Store!!

Stop in and Pick Up a Punch Card For Even More Savings!
 Hours: Mon-Fri 10am-7pm; 10am-6pm Sat • Noon-4pm Sun
Donations Welcome!!
 Proceeds stay local to help fight against cancer!!!

BIG STONE CITY MUNICIPAL LIQUOR STORE
HAPPY HOUR
 Mon-Thurs 4pm-7pm

Open 9am - 12am M-Tues • Wed-Sat 9am - 1am • Closed Sunday

WEEKLY SPECIALS - October 12-17
MARGARITA THURSDAYS
\$3.50 Coors Light 24 pack tax included \$20.00
 4pm - 7pm McMasters \$14.35 1.75 Liter tax
HAPPY HOUR & WEEKEND DRINK SPECIALS
 Coors Light & McMasters drinks \$2.25

MAIN STREET • 605-862-8166

COMMUNITY CORNER

Thrift Store Shopping with a Purpose
 Mon-Fri 10-6 • Sat. 10-5 • Sun. Noon-4

Come Check Out Our Selection of Hunting Gear!

Corner of 212 & Broadway, Watertown, SD (605) 878-1181

Welcome Hunters!
HEARTY HUNTER FILL-UPS!
 STEAK, 2 eggs cooked your choice,
 Hash Browns & Toast
 ~OR~
 CHICKEN FRIED STEAK with Sausage
 Gravy, 2 eggs cooked your choice,
 Hash Browns & Toast

Across from Bramble Park Zoo
Stockman's Family Restaurant
 Watertown, SD • Hwy 20 N • (605) 882-1611

WE BUY GOOD USED CARS
 2010 or Newer • Under 100,000 Miles

SHARP Automotive
 Call Us or Stop In If You Are Interested.
 Ask for Bentley

605-886-8081
 West Hwy. 212, Watertown, SD

The Bullpen Steakhouse & Spirits
 Welcome to all our local and out-of-town Hunters!

ONE FREE DRINK
Mention This Ad or Bring In Coupon and receive ONE FREE DRINK* with purchase of a Dinner Entrée.

Expires December 31, 2020. Certain restrictions may apply. See server for details.
 605-785-3111 • www.bullpenspirit.com
 511 Main Avenue • Lake Norden, SD
 OPEN Weekdays: 3PM-LATE • Sat: NOON-LATE • LOUNGE OPEN AT NOON SUNDAYS

WE BUY GOOD USED CARS

2010 or Newer • Under 100,000 Miles



Call Us or Stop In If You Are Interested. Ask for Bently

605-886-8081

West Hwy. 212, Watertown, SD



Spuds & Suds

Open at 7am Mon-Sat
Closed Sunday

DAILY NOON SPECIALS

(605) 432-5770
115 Main Street
CORONA, SD



YOU'LL LIKE MILBANK

ACT

Accurate Tax & Bookkeeping, Inc.

- eFiling
- Payroll & Quarterly filings
- Bookkeeping
- Tax Planning
- Tax Preparation

- Personal, Farm and Business returns
- Corporate returns
- Sales & Excise Tax

Call for an appointment
209 South Main St., Milbank, SD
Abby Tschakert • 701-527-3291

LOCALLY OWNED
Independent Insurance Agency

Insurance SOLUTIONS PLUS

of Milbank, Inc.

Auto | Home | Life
Health | Farm | Commercial
Licensed in: SD, ND, MN, and AZ
605-432-5884
209 S Main St | Milbank, SD 57252



Terri Holtquist
Agent/Owner
terriholtquist@itcmilbank.com



FARMERS INSURANCE

Auto
Home
Life
Business
Workers
Compensation

Heather Storm
Insurance Agent/Owner
Storm Insurance Agency Inc.
204 South Main St. • Suite D
Milbank, SD 57252
Bus: 605-432-5184
Cell: 605-949-2005
Fax: 605-432-5738
hstorm@farmersagent.com

LICENSED IN SOUTH DAKOTA and MINNESOTA

You'll love to Shop Milbank!

Visit one of our 180+ Chamber Member Businesses Today!



MILBANK AREA CHAMBER OF COMMERCE

www.MilbankSD.com

REFUGE BAR

Odessa Minnesota
320-273-2205



NOW SERVING Wings & Appetizers

John Oakes, Owner M-F: 3pm-Close • Sat: 10am-Close

Strange BUT TRUE

by Lucie Winbourne

- Along with henna, old-fashioned hair dye ingredients included the blood of black cows and crushed tadpoles in warm oil.
- While filming "Jailhouse Rock" in 1957, Elvis Presley inhaled his tooth cap as he slid down a pole in the opening dance number. It lodged in his lung and required surgical removal, but aside from a little hoarseness for a few days, the King made a fairly easy recovery.
- Arachibutyrophobia is the fear of peanut butter getting stuck to the roof of your mouth.
- That little white paper strip coming out of the top of Hershey's Kisses is called a plume and was originally introduced by the company to distinguish the product from phony knock-off candies.
- The popular kids' game "Operation" was invented by John Spinello, a sophomore at the University of Illinois in 1962, as part of a class assignment. Sadly, he only made \$500 off the game after selling the prototype.
- By the way, in case you've ever wondered, the "patient" in "Operation" is named Cavity Sam.
- Many inventions and discoveries have come about through the medium of dreams, including the alternating current generator, the sewing machine, Google, the periodic table and DNA's double helix spiral form.

© 2020 King Features Synd., Inc.



Trivia test

by Fifi Rodriguez

- 1. GENERAL KNOWLEDGE:** Where was the ancient kingdom of Numidia located?
- 2. LANGUAGE:** What is the opposite of the word convex?
- 3. GEOGRAPHY:** In which body of water is the island of St. Vincent found?
- 4. COMICS:** What was the name of Superman's pet monkey?
- 5. HISTORY:** Who was the king of England at the time of the American Revolution?
- 6. LITERATURE:** Which 20th-century novel featured a character called Atticus Finch?
- 7. MEDICAL TERMS:** What does the term "idiopathic" mean in diagnosis of a condition?
- 8. U.S. STATES:** Which state's resident might be nicknamed a Jayhawker?
- 9. GAMES:** How much money does each player start with in the board game Monopoly?
- 10. AD SLOGANS:** Which auto company adopted the slogan "Fahrvergnugen"?

answers on page 7

Summit, SD

Wednesday, October 14- CC Regions at Webster at 1:00 pm, 9-12th grade students will be able to attend. Student Council Blood Drive in the concessions area starting at noon. School Board Meeting at 6:00 pm.

Thursday, October 15- End of the 1st Quarter. Dismiss at 12:30 pm. Parent Teacher Conferences from 2:00 to 8:00 pm. Lights On After School Event, details to follow.

Friday, October 16- No Staff Day. FB opponent to be announced, it will be an away game.

Saturday, October 17 - Milbank VB Tourney is cancelled.

Sunday, October 18-10:30 am Worship at Hope Lutheran. All are welcome.

Summit Area Economic Growth



www.seesummitsd.com

Sturdevant's

AUTO PARTS

102 West 1st Avenue • Clark, SD 57225
Phone: (605) 532-3617 • Fax: (605) 532-3496



Remove mildew from plastic shower curtains by spraying them with a mix of bleach and water, or just toss them in the washing machine with your next load of towels.

If your vacuum has a paper filter, spray it with your favorite perfume or essential oil. It will blow into the air as you vacuum, leaving behind a pleasant scent.

"Need your nails to dry in a hurry? You can use the cool setting on your hair dryer. It works really fast." -- L.E. in Georgia

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.
© 2020 King Features Synd., Inc.

WILMOT, SD

Wilmot Foods

Your Locally Owned Full Service Grocery Store



Mon-Sat 8:00am to 7:00pm / Sun 10:00am to 4:00pm

Horizons Replay Thrift Store

606 Main St. • Wilmot, SD
OPEN WED-FRI 1:00-5:00 PM • SAT 10-2

1/2 OFF ALL JACKETS & HOODIES

LOTS OF IN-STORE SPECIALS!!

Some exclusions may apply. Limited time offer. See store for details.

Jurgens Oil Company

Gas Station & C-Store



Pop • Candy • Beer • Ice • Sandwiches
Piccadilly Pizza • Fried Foods.
Bulk fuel delivery • Body shop: 605-938-4279

Gas & Diesel

Hwy 15 Wilmot • 938-4641
Hours: Mon-Sat 6am-9pm • Sun 8am-9pm

THE WAGON WHEEL BAR & GRILL

IN SUMMIT, SD

SAVE THE DATE

HAUNTED HALLOWEEN PARTY & COSTUME CONTEST OCTOBER 31ST

GREAT FOOD AND COLD BEER!!
102 SHERMAN AVE. • SUMMIT, SD.
(605) 467-9087
HOURS: TUESDAY-THURSDAY 4-11 PM
FRIDAY 4 PM-2 AM • SATURDAY NOON-2 AM

COFFEE CUP FUEL STOP

45789 US Hwy 12
Summit, SD
605-398-6493
coffeecupfuelstops.com





Come on in and check us out!!

ESTELLINE
COMMUNITY OIL

201 4th St. N Estelline, SD 57234
 605-873-2375

104 E. Main Street Castlewood, SD 57223
 605-793-2661

PAPER SONGS

How about these songs all with a title that contains the word "paper"?

• We owe the Beatles' hit "Paperback Writer" to Paul McCartney's Aunt Lil, who challenged her nephew to write it. In McCartney's words, Lil asked him, "Why do you always write songs about love all the time? Can't you ever write about a horse or the summit conference or something interesting?" McCartney wrote it in January, 1966, and it became the first Number 1 hit for the Beatles that was not about love. The lyrics are a letter from an aspiring author seeking a publisher for his paperback novel, composed after McCartney had helped set up the Indica Bookshop, where he was also the first customer. Released in May, 1966, it was the Beatles' 11th single.

• Marie Osmond was just 14 years old when her hit "Paper Roses" reached Number 1 on the Billboard country charts, making her the youngest solo artist to accomplish that feat. The song was her first release as a solo performer apart from brother Donny, and was released in August, 1973. It soon crossed over to pop radio, climbing to the Number 5 spot, as well as Number 1 on the Easy Listening chart. "Paper Roses" wasn't new to the charts - it had first been recorded by Anita Bryant in 1960, who had also reached Number 5 on the pop charts with the song.

• The jazz quartet The Mills Brothers recorded "Paper Doll" in 1943, but used it on the "B" side of what was expected to be the bigger hit "I'll Be Around." "Paper Doll" was recorded in 15 minutes, and sold six million copies,

FEAR & KNOT
 By: rj johnson
 DOUBT? ...OR DARE!

THE
 TUVIER
 ROPLA
 ♥CRHA
 HOCLET
 LTO
 VEON
 ♥HOTER
 ICH
 ENTHRU
 OAHAL
 TEPL

answers on page 7

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

becoming the brothers' biggest hit. The four brothers were the sons of a barber who founded a barbershop quartet. The Mills Brothers recorded upwards of 2,000 songs, with sales exceeding 50 million copies, and more than three dozen gold records.

• For those not familiar with zydeco music, a blend of Cajun and blues music, developed in southwest Louisiana. In 1954, Boozoo Chavis brought the style into the public's eyes with his recording of "Paper in My Shoe," the first zydeco hit. There are a number of theories as to the meaning of the song. Some say he was so poor, he had to put paper in his shoes to cover the holes. Others claim it meant he kept a marriage license in his shoe, as was done with valuable papers, and to conceal his marriage from his mother and father. According to hoodoo legend, a person can write the name of their enemy on a paper and put it in their shoe, which keeps the enemy under foot. With every step, the enemy is ground beneath the person's heel. Chavis claimed his song sold over a million copies, but because the record company maintained that number was 150,000, Chavis distrusted the industry, and refused to record again or perform in public until 1984. In the meantime, he turned to raising champion racehorses.

• "It's Only a Paper Moon" was published in 1933, with music by Harold Arlen (of "Somewhere Over the Rainbow" fame). It's been recorded by several notable artists over the past many years, including Ella Fitzgerald, Nat King Cole,

WE BUY GOOD USED CARS
 2010 or Newer • Under 100,000 Miles

SHARP Automotive
 Call Us or Stop In If You Are Interested. Ask for Bently

605-886-8081
 West Hwy. 212, Watertown, SD

TIDBITS PUZZLE ANSWERS
 King Crossword
 Answers

Solution time: 24 mins.

A	M	I	S	S	D	E	A	L	T		
B	L	O	T	T	O	O	S	T	E	R	S
W	I	L	S	O	N	W	A	L	T	O	N
A	N	D	A	D	I	E	U	H	U	E	
N	E	E	D	E	L	L	N	A	P	A	
A	D	D	I	N	L	E	V	E	L	E	D
A	B	S	D	E	W						
S	C	A	R	C	E	R	E	S	T	O	P
L	A	C	Y	C	O	G	Y	O	R	E	
O	N	E	N	A	N	A	S	T	I	E	
W	A	T	S	O	N	W	Y	N	T	O	N
S	L	Y	E	S	T	K	N	E	E	L	S
S	L	A	Y	S	S	C	O	R	E		

Weekly SUDOKU
 Answer

6	8	3	4	1	5	9	2	7
1	2	5	8	7	9	4	6	3
4	7	9	6	2	3	5	8	1
8	3	6	7	5	4	1	9	2
5	9	4	1	6	2	7	3	8
7	1	2	3	9	8	6	5	4
9	5	8	2	4	1	3	7	6
3	4	7	5	8	6	2	1	9
2	6	1	9	3	7	8	4	5

NAME

HOUSEHOLD
 GIVE
 NET
 BELLETT
 HUNTER

- TRIVIA TEST
1. North Africa
 2. Concave
 3. Caribbean Sea
 4. Beppo
 5. George III
 6. "To Kill a Mockingbird"
 7. Of unknown cause
 8. Kansas
 9. \$1,500
 10. Volkswagen. The slogan means "driving enjoyment."
- © 2020 King Features Synd., Inc.

Perry Como, Frank Sinatra, Bing Crosby, and Miles Davis. The 1933 movie "Take a Chance" featured the song, and it was revived 40 years later in the 1973 film "Paper Moon," in which it was sung by Peggy Healy, who recorded the hit the year it was published.

• Willie Nelson wrote "Pretty Paper" in 1963, inspired by a street vendor, whose legs had been amputated, peddling pencils and paper on the streets, calling out, "Pretty paper! Pretty paper!" The song was a hit for Roy Orbison in 1963 and Nelson recorded his own version of the song the following year.

Rosalie's
 RESTAURANT, BAKERY & LOUNGE
DINE IN or TAKEOUT: 605-698-7401
 9 8th Ave E • Sisseton, SD • 605-698-7401
 Open: Sun 8am-2pm • Mon-Wed 7am-2pm
 Thurs-Sat 8am - 10pm
 Black Hawk Lounge Hours: Mon-Sat 3pm-Close
 Hunters Check Out Our Daily Drink Specials

Weekly SUDOKU

by Linda Thistle

6				5		2		
	2		8			4		
		9		2	3			1
	3		7			1		
5				2		3	8	
		2		9				4
9				4			7	
	4				6			9
	6	1	9			8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

- ♦ Moderate
- ♦♦ Challenging
- ♦♦♦ HOO BOY!

answers on page 7

answers on page 7 **King Crossword**

ACROSS

- 1 Off
- 6 Handed out hands
- 11 Drunk (Sl.)
- 12 Wickerwork willows
- 14 WWI president
- 15 "The Compleat Angler" writer
- 16 Furthermore
- 17 Farewell
- 19 Coloration
- 20 Requirement
- 22 Right angle
- 23 California wine region
- 24 Contribute
- 26 Got rid of the bumps
- 28 Tummy muscles
- 30 Morning moisture
- 31 Not as prevalent
- 35 Bar legally
- 39 Frilly, in a way
- 40 Minor worker
- 42 Bygone times
- 43 Inseparable
- 44 Baby-sitters, often
- 46 Dead heat
- 47 IBM computer that won on "Jeopardy!"
- 49 Trumpeter

DOWN

- 1 Straightened
- 2 Gave shape to
- 3 "Monty Python" opener
- 4 Old promise
- 5 Device for testing physical conditions
- 6 Fastened with pegs
- 7 Birthright barterer
- 8 Have a bug
- 9 Deadly
- 10 Theatrical company
- 11 Master, on safari
- 13 Golf's "Slammin' Sammy"
- 18 Well, — bel!
- 21 Blog, basically
- 23 Full of info
- 25 Jimmy Fallon's network
- 27 Churchill's gesture
- 29 Cosines' reciprocals
- 31 Decelerates
- 32 Venice's thoroughfares
- 33 Vinegar radical
- 34 Director Howard
- 36 Stagger
- 37 Baltimore athlete
- 38 Hammerhead parts
- 41 Stares stupidly
- 44 Asking too many questions
- 45 Agreement
- 48 Red or Black
- 50 "The Matrix" role

The Bullpen Steakhouse & Spirits

605-785-3111
 511 Main Avenue • Lake Norden, SD
 www.bullpenspirit.com
 BREAKFAST: MON-SAT 7:00-10:30!

WEEKLY SPECIALS

Wednesday, October 14
ENCHILADAS

Thursday, October 15
HOT BEEF COMBO

Friday, October 16
ROAST BEEF SANDWICH
PRIME RIB / RIBEYE

Saturday, October 17
COOK'S CHOICE
PRIME RIB / RIBEYE

Monday, October 19
PRIME FRENCH DIP

Tuesday, October 20
\$1 OFF SALAD/WRAP
BOGO BURGER (Dine in only)

THE BULLPEN LOUNGE
 OPEN Weekdays: 3PM-LATE • Sat: NOON-LATE
 LOUNGE OPEN AT NOON SUNDAYS
 MON-THURS HAPPY HOUR 4-7PM
 ... FRIDAY 2-FERS 4-7PM ...

SWING IN
 for Daily Specials and
ON & OFF SALE

Homestyle Meals at an Affordable Price!

PAGE'S PLACE
CAFE GRILL

MONDAY-FRIDAY 10AM-2PM
SATURDAY 9AM-2PM
MONDAY-SATURDAY 4PM-8PM
SUNDAY 9AM-3PM

CARRY OUT & DINE IN AVAILABLE WEEKLY SPECIALS

Tuesday & Wednesday Nights: **FRIED CHICKEN**

Thursday Night: **PASTA NIGHT**

Friday Night: **RIB NIGHT**
Starting at 5:00 until gone

700 West Kemp Ave., Watertown, SD
PHONE: 605-753-0151

HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Boy's hat is different. 2. Fence board is missing. 3. Hose is longer. 4. Window is missing. 5. Tree is fuller. 6. Man's nose is different.

©2020 King Features Syndicate, Inc.

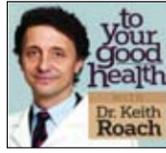
KOVELS Antiques & Collecting
By Terry and Kim Kovel

Pottery Ring

A pottery ring about 8 inches in diameter was auctioned recently and few seemed to understand how it was used. The pottery was shaped like a tube bent into a circle with an opening at the top. It is a 19th-century stoneware ring flask. Farmers worked in the fields all day and they could carry water in the flask. It was worn on the shoulder, so water was always available. This flask was glazed to look like it is made of pottery, but many examples were more elaborate with incised colored decorations, faces or other slightly raised decoration. The idea of a ring flask dates to the ancient Chinese. Examples with little decoration and no signature sell for about \$300 to \$500. Those by well-known makers can fetch over \$500.

CURRENT PRICES
Silver ladle, Royal Danish pattern, International Silver Co., 6 inches, \$60.

Gluten-Free Foods Aren't a Sales Gimmick



DEAR DR. ROACH: I have no health issues, but I'm a cheapskate. I see products labeled as "grain-free" or as "gluten-free," but they always cost more than the regular product. Are there any health benefits to using these, or are they marketing gimmicks? -- L.C.

ANSWER: They are not marketing gimmicks at all. People with celiac disease have a sensitivity to a protein in gluten, called gliadin. Even small amounts of gluten can cause long-lasting damage to the intestines, and many people with celiac disease will be unable to properly absorb nutrients if they are regularly exposed to gluten. This can manifest with severe symptoms, such as weight loss, diarrhea and severe metabolic disturbance. Or it can trigger much milder ones, such as mild abdominal discomfort after eating, skin changes, anemia or joint pains.

Because the symptoms of celiac disease are so varied, a physician must be fairly convinced it's celiac before making the diagnosis. Biopsy is the gold standard for certainty, but

blood testing -- if done while consuming a diet containing gluten -- is suggestive. I strongly recommend getting a diagnosis before going on a strict gluten-free diet if you suspect celiac disease.

For people with diagnosed celiac disease, strict adherence to a gluten-free diet is essential, and the increasing availability of gluten-free foods has made the lives of people with celiac disease better. Many grains are gluten-free naturally.

There are people with symptoms from gluten-containing foods but who do not have celiac disease. The term is "non-celiac gluten sensitivity." Some people with this condition are sensitive to components of the food other than the gluten, although there are some people who are sensitive to gluten but do not have celiac disease.

For people without NCGS and without celiac disease, avoiding gluten is not necessary. A diet with many different whole grains has been proven to reduce heart disease risk compared with a more meat-based diet.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

© 2020 North America Synd., Inc. All Rights Reserved

The Everything Zen

One on One Sessions using the Pilates Reformer, Yoga One on One or small group sessions, depending on your preference.

We Have Loose Leaf Teas With or without CBD

Call or text **HALEY** to schedule your appointment **TODAY!!**
(602) 697-0010

NEW Location! 605-237-8754
101 West Kemp Watertown, SD
www.theeverythingzen.com

WE BUY GOOD USED CARS

2010 or Newer • Under 100,000 Miles

SHARP Automotive

Call Us or Stop In If You Are Interested. Ask for Bently

605-886-8081
West Hwy. 212, Watertown, SD

Copper tea and coffee set, rattan handles, teapot, coffeepot, creamer, sugar, 6 cups and saucers, serving tray, stamped mark, Harald Buchrucker, Germany, c. 1935, tray, 16 x 11 inches, \$185.

Dionne Quintuplets, molded hair, clothing, quintmobile, Madame Alexander, 1930s, 5 1/2 x 17 1/2 inches, \$330.

Suitcase, Louis Vuitton, leather, monogram, tan leather trim, zippers, lock, Saks Fifth Avenue, 1970s, 24 x 19 x 8 inches, \$625.

TIP: Don't put a decorative runner or vase on your wooden table if it is in sunlight. Eventually the finish will fade around the ornaments and leave a shadow of the items on the wood.

For more collecting news, tips and resources, visit www.Kovels.com

© 2020 King Features Synd., Inc.

PAYLESS ANTIQUES

David, Ronda & Del
Hours: M-F 9am-4pm or By Chance or Appointment
421 Park Ave - P.O. Box 219
Wilmot, SD 57279
605-938-4837
605-520-3781 / 605-595-2290

Featuring **VINTAGE METAL CANS**

OCTOBER 17th (10-6) & OCTOBER 18th (Noon-5)

FALL at the MALL Fabulous Fall Fashions & Home Décor!

The Good Buy Gals
Watertown Mall Suite #125
507-430-5142

www.facebook.com/thegoodbuygals • Hours: Wed-Sat 10-5:30

Angel's Attic Thrift Store

STOP IN AND CHECK OUT ALL OUR NEW ITEMS & OUR EXPANDED STORE!!

In the WATERTOWN MALL

Be Sure To Pick Up & Use Our \$5.00 Punch Cards!!

MON-FRI 10AM-7PM • SAT 10AM-6PM • SUN NOON-4PM (605) 880-0983

Donations Welcome. Proceeds stay local to help fight against cancer!!!

TRUCKERS WELCOME

TRIPLE DECKER TOAST W/ LETTUCE, TOMATO, BACON, TURKEY & CHEESE SERVED W/ FRENCH FRIES

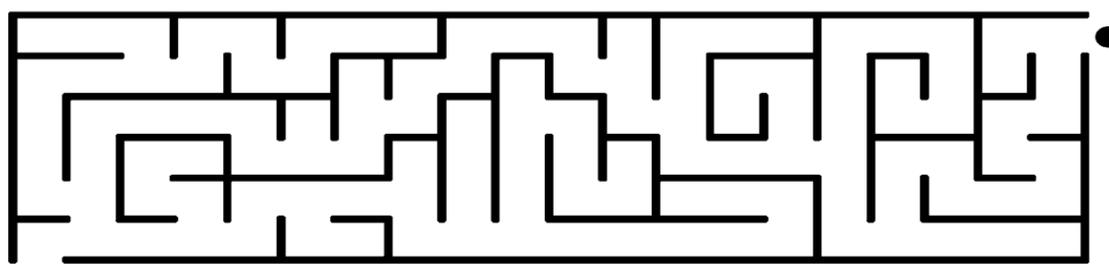
Try Our Club Sandwich

Across from Bramble Park Zoo

Stockman's Family Restaurant

Watertown, SD • Hwy 20 N • (605) 882-1611
OPEN: MON-FRI 6AM-4PM • SAT 6AM-2PM • SUN 8AM-2PM

Kids' Maze Brought to you by Stockman's Family Restaurant



©2020 King Features Syndicate, Inc.